

FLOWlines

Finger Lakes-Ontario Watershed Paddlers' Club Newsletter, Rochester, NY



Volume 13, Issue

January 2008

FLOW Winter Party

It's that time of year again! FLOW's annual winter party this year will include:

—FOOD! being coordinated by Alex Macur and

Date: Saturday, January 12th

Location: Jack Ryan's

825 Atlantic Avenue Rochester, N.Y.

Time: 4:00pm-??

Joe Ryan: if you want to help with food please contact them (food donations gladly accepted). Ordered food (pizza, other items) to arrive approx. 5:30 pm.

- —DRINK! Alex has been working long and hard devising a great beer list. We'll have wine and soda as well. And Jack's will have the usual assortment of distilled spirits at the cash bar. We suggest no minors after 8 pm.
- —MEMBERSHIP FORMS! Current membership or \$15 required. We'll have plenty of forms at the door, so come re-up. FYI, cost of 2008 memberships is the same as 2007 dues structure. Individuals \$15, Families \$20.
- —DEMOCRACY! We'll vote on the budget.
- —T-SHIRTS! We have a few FLOW T-shirts left that will be sold at the discounted price of \$5.
- —VIDEO! Ron Turney is coordinating videos and photos. Contact him if you can help or would like to submit footage or stills.
- —AWARDS! FLOW's Paddler of the Year award will be presented at 7:30 EPT (Eastern Paddler Time, or probably a few minutes late). See you there!

Trip Planning Meeting

Come on out and help us plan our next season. The trip planning meeting will be at Jack Ryan's on Tuesday February 12 at 7 pm. We need your help to run the trips that we all love and to expand on our usual routine. If you would like to lead a trip next year, or just have an idea of somewhere you'd like to go and would like to suggest a trip, please attend this meeting or contact Andy Cook at acook@bluefrog.com or (585) 747-8478.

2007: Take Out

As you read this, many of you will have paddled for the last time outdoors for 2007 and are actually cleaning up the gear and stowing it away for the winter season. The winter season in Western New York provides options ranging from hitting the indoor pool sessions we sponsor, to continuing the outdoor season whenever conditions permit, to simply resting and preparing for next year. Whatever your choice, go for it, and enjoy it to the fullest.

So, assuming that you've paddled that last drop, and are now catching up on all those things that suffered while you were paddling, I thought it worthwhile to provide you a **brief** synopsis of how we did in 2007. I will only touch on some of the areas, and please realize that beyond what is mentioned here, there are at least an equal number of activities, if not more, that I am not mentioning!

Membership remained strong, with approx. 120 members. And while some Clubs are experiencing declining membership for any variety of reasons, we did well in 2007. We restructured our dues. We made conscious decisions about our insurance coverage and the responsibilities that each of us has for the safety of ourselves and others every time we paddle.

We strengthened our efforts in the areas of Conservation, Outreach, and Access. The Outreach efforts were focused on our more local area. We had display space at the Canandaigua Wildwater Derby, the ADK Expo, Lockapalooza, and Moosefest. We assessed, and where possible tried to improve access for some of our local Finger Lakes outlet locations. We helped better connect paddlers with gages for the Owasco, Keuka and Canandaigua outlets. We reviewed policies and improvement options for accessing the Genesee and Cattaraugus rivers. We collaborated numerous times throughout the year with GWC on a variety of topics.

Our message board offerings and resultant communications remained strong. This continues to be a primary source of connection for our members. Literally thousands of postings were placed throughout the year! And we continue to offer space for our BKCC and Southern Tier friends so they can connect.

We had two successful Club parties. The Winter party with food, beverages, videos and good friends was a great way reconnect with those we may not have seen in a while. Our Summer picnic was again a tremens dous success. Much thanks goes to Tom Congdon who again made all the food possible, and thanks to the team of volunteers that covered everything else that was needed for that event. (cont'd on page 4)

FLOW Organization
PresidentJerry Koehler(315) 986-4526
Whitewater VPAndy Cook747-8478
Flatwater VP
SecretaryJim Dobbins217-1259
TreasurerRon Turney 766-7881
MembershipNicole Fulle
Corporate LiaisonKurt Fisk313-1136
NewsletterAndy Cook747-8478
Dave Fulle259-3242
InstructionTony Hernandez820.6538
AccessAdrian VandenBout770-3254
LibrarianAlex Macur265-9256
QuartermasterAlex Macur265-9256

If you would like to volunteer to help in any of these areas, please contact the person in that position or contact the steering committee at a monthly meeting or at steering@flowpaddlers.org

Newsletter Submissions

Send trip reports, articles, letters to the editor, rants, photographs, additions, corrections, deletions or anything else that you would like to see in *FLOWlines* to acook@bluefrog.com or

Andy Cook 515 Meigs St. Rochester, NY 14607

Membership / Address Changes

To join FLOW, download the membership forma from www.flowpaddlers.org, fill it out and send it with \$15 (\$20 for family rate) to:

FLOW Paddlers' Club C/O Nicole Whiteaway 103 Browns Road, Scottsville, NY 14546

If you don't have access to the web, contact Nicole at the above address. Please send any address changes to Nicole as well.

Upcoming Trips and Events

Whitewater trips......Andy Cook......747-8478 Flatwater trips.....vacant

National Organizations

American Canoe Association......www.acanet.org
American Whitewater.www.americanwhitewater.org

Paddling Contacts

FLOW	Corporate	Sponsors
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- Oak Orchard Canoe and Kayak.....(800) 4-KAYAKS
 Boats, car & truck racks, parts, repair, river tours
 10% off accessories; 22% off plastic WW boats in
 stock. www.oakorchard.com
- Whitewater Challengers......(315) 369-6699 20% coupon off kayaks, canoes and gear and FLOW discount.
- Wcmoose@captial.net or www.wc-rafting.com

 Bay Creek Paddling Center..........288-2830

 Boat/gear sales & rental, instruction, kids camp; 8%

 off stocked accessories. www.baycreek.com

Businesses Offering FLOW Discounts

- Colorado Kayak Supply......www.coloradokayak.com 15% off accessories (must supply ACA number)
- Nantahala Outdoor Center.....www.noc.com 10% off all goods
- Northern Outfitters.....www.noh20.com 10% off all retail items
- Zoar Outdoor......www.zoaroutdoor.com

Local Businesses & Instruction

- Rescue Instruction. ChasFeller@alum.rit.edu

 Genesee Waterways Center & Lock 32......328-3960

 ACA Whitewater Kayak and rowing instruction.
- www.geneseewaterways.org

 George Scherer of Sea Kayak Rochester.....381-2104
- ACA certified open water coastal kayak instructor Georg.scherer@kodak.com

- Rochester Canoe and Kayak Park......377-1994

 Director: Art Miller ACA Certified WW Insturctor; USACK Certified Olympic Development Coach.
 - rockpark@rochester.rr.com or www.kayak-adventures.org
- Talic Sport Hammocks......381-5401
- Wooden canoe and kayak stand manufacturer. www.talic.com
 Tony Hernandez......820-6538

Whitewater and flatwater instruction. ACA Whitewater and Wilderness First Responder certifications. kltony@mindspring.com







Proposed 2008 FLOW Budget

Commons Comm
Section Sect
Standard
State Stat
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Take-Out (cont'd)

And of course, we paddled! Even in a drought stricken year, we were undeterred and still found places to paddle. We traveled thousands of miles throughout the country. Some of us paddled new rivers, while others of us returned to familiar destinations. We introduced new people to the sport, and shared our passion for paddling with them. We had writings by Club members accepted for publication in national paddling magazines. Club members participated in a variety of competitions, and in some cases took top honors!

So as we stow away the gear and leave this "take out" for 2007, I think you'll agree that it was a great year. So let me take this opportunity to encourage you to renew your Club membership for 2008. Membership materials will be available very soon, and the Club officers are committed to making 2008 even better.



FLOW Steering Committee Meeting

Date: January 29 Time: 7 pm

We would greatly appreciate your participation in the club's business. Place: Jack Ryan's | FLOW is a democracy, which means it's ruled by those who show up.

FLOW is moving in new directions these days. We have dissolved our relationship with the ACA, we are working more actively for conservation of and access to Western New York's rivers and FLOWlines is making the transition from a printed newsletter to a website. Please join us in shaping FLOW's future.





