



FLOWlines



Finger Lakes-Ontario Watershed Paddlers' Club Newsletter, Rochester, NY

Volume 9, Issue 7

August 2004

FLOW Picnic at Stoney's

All FLOW members are invited to our annual picnic at Stoney's Campground in Pineville, NY, east of Pulaski. Please join us for FLOW's eighth annual Summer Picnic on August 7th. Make sure you bring your WW boat for the weekend's 750 cfs. or a sea kayak for a trip on Lake Ontario on Saturday and a paddle on the Salmon River Reservoir. The usual magnificent feast will commence about 6:30 pm, Saturday, August 7, and it's free to members and families. Featured menu items include roast turkey, grilled kielbasa, pulled pork barbeque, corn on the cob, potato salad, cole slaw, salt potatoes, chili, cornbread, fruit salad, watermelon, brownies and a selection of adult and soft drinks. The camping fee is \$5 per person-night, and I'll be helping Stoney collect this. If you have any questions or would like to help organize the event, please contact Steve Kittelberger at 442-6138 or stevekit@frontiernet.com.
--by Steve Kittelberger

American Whitewater Ohiopyle Over the Falls Festival

September 10-12, 2004
www.Fallsrace.com

The 6th year of this event promises plenty activities in addition to Ohiopyle Falls on the Youghiogheny River. Here is a sample of the events we have scheduled:

FRIDAY SEPTEMBER 10: Falls will be opened up to practice runs between 3 pm and 6 pm assuming we have enough safety.

SATURDAY SEPTEMBER 11 - FALLS RACE AND FREE-STYLE EVENT: Practice runs begin at 9 am; competition starts at noon. -- Whitewater paddlers race over eighteen-foot Ohiopyle Falls. Two competitions: Sprint - approximately 200-yard whitewater course includes, two-foot, four-foot and eighteen-foot drops. Freestyle - low volume kayaks surf the rapid above the eighteen-foot drop in a routine for points and cartwheel, end-over-end, off the edge. Practice runs will continue after the competition. An awards ceremony will be held for winners.

--continued on page 4

Good News/Bad News from Chile

Sadly, Endessa, an internationally owned hydro-power company has issued a statement (June 2004) that outlines plans to dam the Futaleufu river in Patagonia Chile. We here at Expediciones Chile are committed to seeking legal protection for the Futaleufu river through Futafriends an international river protection group and we need as many New York paddlers as possible to support it. YOU can be a BIG help in making paddlers aware of this situation. For more information regarding the dam construction please visit: www.futafriends.org.

In the spirit of getting more paddlers to Chile this winter, Expediciones Chile is offering a discount to members of Finger Lakes Ontario Watershed Paddlers' Club of up to fifteen percent on all of our whitewater, sea kayaking and kayak school trips. If you have ever dreamed of paddling Chile's Rio Futaleufu, or sea kayaking in this region of Patagonia, this is the year.

Whitewater Kayakers:

We are known for big water guided trips on the Futaleufu river but we also run a kayak school on the class 2/3 tributaries in the Futaleufu valley and a safari trip that hits the best of the steep creeks in Chile: featuring the Rio Fuy and the best of the big water on the Futaleufu. There is also plenty of equally spectacular multi-sport activities for any non-paddling companions that may accompany you. We have a luxury riverside eco-camp designed specifically for whitewater kayakers and a native wood lodge in the village of Futaleufu that hosts our kayak school.

Sea Kayakers:

For sea kayakers we offer a world class expedition trip called the Andes to the Ocean. Paddling flatwater from the bottom of the whitewater section on the Futaleufu through glacier ringed alpine lakes, temperate rain forests, past extinct volcanoes, to a sea lion rookery on the Southern Pacific Ocean. When combined with a week of whitewater kayaking one can paddle across the entire country of Chile!

In order to boost participation, we are now offering a
--continued on page 4

FLOW Organization

PresidentDon Shaw.....223-5077
 Vice PresidentsSteve Kittelberger....442-6138
 James Hopkins.....330-5649
 SecretaryCathy Rague....(315) 926-7890
 Treasurer.....Joel Chastek.....768-4651
 Membership.....Simon Barnett.....899-6803
 Corporate LiaisonRose Conley
 rosems@rochester.rr.com
 Trips & Events.....Ivan Rezanka.....381-7475
 Newsletter.....Andy Cook.....461-9182
 Miriam O'Donnell.....235-3194
 Education/Instruction..Ardie Shaffer.....334-4487
 Conservation/Access .Jerry Hargrave.....klclc2@aol.com
 FLOW Librarian.....Scott Conley.....473-3193

Newsletter Submissions

Send us trip reports, articles, letters to the editor, rants, photographs, ads for our classified section, or anything else that you would like to see in FLOWlines. Send items to newsletter@flowpaddlers.org. If you do not have e-mail, send items to:
 Andy Cook
 515 Meigs St.
 Rochester, NY 14607
 The newsletter deadline is the next-to-last Thursday of the month.

Membership / Address Changes

To join FLOW, download the membership form from the "How To Join" page on www.flowpaddlers.org, fill it out and send it with \$35 (\$40 family rate) to:
 FLOW Paddlers' Club C/O Simon Barnett
 72 Maple Park Hts.
 Rochester, NY 14625
 If you don't have access to the web, contact Simon at the above address or membership@flowpaddlers.org. Please send any address changes to Simon as well.

Upcoming trips/events

Whitewater Trips: Contact Ivan Rezanka 381-7475.
 Flatwater Trips: Contact James Hopkins 330-5649.

National Organizations

American Canoe Association.....www.acanet.org
 American Whitewater.....www.americanwhitewater.org
 Adirondack Mountain Club.....www.adk.org

Local River Gauges

Genesee River (Letchworth)..... 468-2303
 Catteragus Creek 532-0626
 Black Cr. at Churchville (800) 452-1742 #361131
 Salmon River (800) 452-1742 #365123
 Waterline Site Codes www.h20line.com

Please send any additions, corrections, or deletions to newsletter@flowpaddlers.org

Paddling Contacts

FLOW Corporate Sponsors

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Whitewater Challengers.....(315) 369-6699
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www.baycreek.com
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Braddock Bay Paddlesports.....392-2628
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Businesses Offering FLOW Discounts

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 15% off accessories (Must Supply AWA Number)
Nantahala Outdoor Centerwww.noc.com
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Northern Outfitterswww.noh20.com
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Paddle Hutwww.paddlehut.com
 10% off boats and equipment
Zoar Outdoorwww.zoaroutdoor.com
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Local Businesses & Instruction

Adventure Calls(888) 270-2410
 Whitewater rafting and boat shuttle in Letchworth State Park
www.adventure-calls.com
Art Miller377-1994
 ACA WW instruction & USACK certified WW slalom instruction
artm@rochester.rr.com
Charles Feller.....226-8505
 ACA certified canoeing and ARC certified canoeing, small craft
 safety & Basic Water Rescue Instruction ChasFeller@alum.rit.edu
Genesee Waterways Center & Lock 32.....328-3960
 Promoting the use of human powered watercraft
www.geneseewaterways.com
George Scherer of Sea Kayak Rochester381-2104
 ACA certified open water coastal kayak instructor
george.scherer@kodak.com
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Hemlock Canoe Works367-3040
 Hand crafted lightweight canoe manufacturer
www.hemlockcanoe.com
Karen Bader377-4326
 ACA certified flatwater instructor
kmbader@aol.com
Pack, Paddle, Ski.....346-5597
 Flatwater, whitewater, canoe, kayak, & sea kayak instruction
www.packpaddleski.com
Seayaker Outfitters.....(315) 524-9295
 ACA certified Coastal Sea Kayak instructor / courses & tours
www.seayaker.com
Talic Sport Hammocks.....381-5401
 Wooden canoe and kayak stand manufacturer
www.talic.com

2004 FLOW Whitewater Trips

| Date | Level | Trip Description | Class | Coordinator | Contact # |
|----------------|--------------|--|----------|--------------------|----------------|
| July 31-Aug. 1 | Intermediate | Deerfield River, MA (Deerfield River Festival) | III | Norm Deets | (585) 224-9349 |
| July 31-Aug. 1 | Intermed/Adv | Gatineau River, Maniwaki, Que. | III-IV | Vaughn Skinner | (315) 683-5379 |
| Aug. 7 | Intermediate | Salmon River, Pulaski, NY FLOW picnic Sat. pm. (750 cfs) | III | Bill Kuipers | (585) 322-7742 |
| Aug. 21-22 | Intermed/Adv | Ottawa River, Beachburg, Ont. | III-IV | Steve Benedict | (315) 331-5198 |
| August 21 | Beginner | Genesee River in Letchworth | II | Don Shaw | (585) 223-5077 |
| Sept. 4 | Intermediate | Salmon River, Pulaski (750 cfs) | III | Don Shaw | (585) 223-5077 |
| Sept. 4 | Intermed/Adv | Beaver River, Taylorville section | III-IV | Richard Mauser | (585) 473-2162 |
| Sept. 12 | Intermed/Adv | Beaver River, Taylorville section | III-IV | Ben Bramlage | (518) 792-3277 |
| Sept. 18 | Beginner | Genesee River in Letchworth | II | Andrew Cook | (585) 461-9182 |
| Sept. 25 | Beginner | Genesee River in Letchworth | II | Ed Keidel | (716) 741-3914 |
| Sept. 25 | Intermediate | West River, Vermont | III | Ben Bramlage | (518) 792-3277 |
| Oct. 2 | Beginner | Genesee River in Letchworth | II | Jerry Koehler | (315) 986-4526 |
| Oct. 9 | Beginner | Genesee River in Letchworth | II | Andrew Cook | (585) 461-9182 |
| Oct. 9-10 | Intermed/Adv | Hudson River Gorge. This is a 2-day trip with camping out of the boat. Terry will support the trip by carrying the gear on the raft. | III-IV | Terry Mcnamarra | (315) 339-1447 |
| Oct. 16 | Intermediate | Moose River from Singing Waters to McKeever (Moose Fest) | III | Ed Keidel | (716) 741-3914 |
| Nov. 6-7 | Intermediate | Tohickon Creek, PA-camp nearby | III-III+ | Steve Kittelberger | (585) 442-6138 |

2004 FLOW Flatwater Trip

| Date | Time | Trip Description | Coordinator | Contact |
|-------------|-----------------------------------|---|----------------|--|
| August 7-8 | FLOW Summer Picnic @ Salmon River | Sat--OW paddle on Lake Ontario Sat pm--FLOW Picnic and camping @ Stoney's Sun--Salmon River Reservoir | TBA | Message Board |
| August 12 | 6:30 pm. | Roll & OW Rescue Clinic; Erie Canal Widewaters @ Lock 32. Park at Canal Park or WW course | Jim Hopkins | (585) 330-5649 hoppyski@yahoo.com |
| Sept. 17-20 | TBA | St. Regis area of Adirondacks; primitive inland camping; minimal portaging | Sheila Wagoner | (585) 224-0672 sheila.wagoner@kodak.com |
| Sept. 16 | 6:30 pm. | Farewell to Summer Surf Classic @ Durand Beach | TBA | Message Board |



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American Whitewater Ohiopyle Over the Falls Festival

SATURDAY EVENING TOWN PARTY – Begins at dusk -- Lights will highlight the Falls and we'll have a Film Festival, music and booths of food.

SUNDAY, SEPTEMBER 12 – Practice runs begin at 9 am and continue until 3 pm.

In addition, we will have a silent auction including boats, bikes, gear, raft trips gear/services from Riot, Eskimo, Dagger, Perception, Pryanah, Custom Inflatables, Immersion Research, Lotus Designs, Specialized, Cannondale, Immersion Research (and Bibs) Ohiopyle Trading Post, Rocky Mountain Kayak, Mountain Surf, American Whitewater, Teva, Extreme Gear, Specialized Bikes and local retailers. Auction winners will be announced on Sunday.

A Fun Loop race will be held on the Lower Yough on Sunday. This will include more paddlers who do not want to run the Falls, but would like a fun race on the popular Loop. Race starts at 3:30pm.

For more information, updates and registration see: www.FallsRace.com or contact Barry Adams at: Bj2adams@juno.com or 412-242-4562.

Volunteers are needed. Discounts for pre-registration and volunteers in addition to t-shirts for volunteers.

Proceeds benefit American Whitewater and the Ohiopyle Stewart Volunteer Fire Co. Cancellation Dates or High Water date will be October 1-3, 200 -
--by Barry Adams

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Good News/Bad News from Chile

Club Discount, 10% for individuals and 15% for groups of 4 or more who sign up before Sept 30, 2004. (Contact our office for larger groups). All participants must be members in good standing of the Finger Lakes Ontario Watershed Paddlers' Club.

Because of the short notice, if any of your club members are interested in paddling in Chile this winter have a club representative call us at our toll free number 1.888.488.9082. Just tell them you are from Finger Lakes Ontario Watershed Paddlers' Club and the discount will be reserved for the entire 2004/2005 season.

Free river maps, a guide book, and trip information is available at our web page in printable pdf format. <http://www.exchile.com>

Regards,

Chris Spelius

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North America Toll Free: 1-888-488-9082

Fall Release Schedule

9/4—Taylorville(Beaver), Stone Valley (Raquette)
9/5—Moshier (Beaver), Eagle (Beaver)
9/6—Taylorville, Eagle, Stone Valley
9/10-9/11—Ohiopyle (Yough), Gauley
9/12—Taylorville, Eagle, Ohiopyle, Gauley
9/17-20—Gauley
9/18-19—Taylorville, Eagle, Gauley
9/24-27—Gauley Festival
10/1-4—Gauley
10/3, 10, 23-24, 30-31—Moose
10/8-11—Gauley
10/16-17—Moose Fest, Gauley

SYOT... Barstool?



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Genesee River Access Map

As some people have focused attention on the revival of the Port of Rochester, others have initiated a Genesee Riverway Trail. Coincidentally, the Atlantic Chapter of the Sierra Club has funded work within the Rochester Regional Group to promote recreational use of the Genesee River from Lake Ontario to Pennsylvania. A significant result of this effort is a two-sided, laminated, fold-up map which has been researched, designed, printed, and is now available to Sierra Club members and the general public. It features the watershed outline, river mileage, and notes on 34 access points. Mileage (according to 1967 DEC survey) and GPS points are included as well as mapped adjacent highways.

The Genesee River is a sprightly flowing river in the southern section, much of it suited for trout fishing. Although the section north of Letchworth Park is slow and sediment laden, the paddling is nice due to reliable summer flow and to tree-lined and vegetated banks. The river is dynamic and cuts and fills in high water creating many meanders. The usual accesses at highway bridges are now being enhanced when the bridges are rehabilitated by the Department of Transportation. River access from Geneseo to Avon is difficult. The Rochester group *Friends of the Genesee Riverway Trail* promotes bike and canoe activities especially around the city and at Genesee Waterways Center. More canoe access in the City of Rochester is being planned.

Maps are \$2.17 each for Sierra Club members, and \$5.43 for non-members (includes shipping and tax). Please make checks payable to "Sierra Club RRG" and send to:

If you have questions, email David at SierraRochTix@hotmail.com. Please allow 2-3 weeks for delivery.

Sierra Club RRG,
c/o David Ruekberg
3558 Oatka Creek Rd.
Leroy, NY, 14482.

Directions to Stoney's Campground



Take I-90 East towards Syracuse – 68.2 miles from 490

Take I-81 towards Watertown – go 34.2 miles

Take Pulaski (Rt. 13) exit --

Turn right onto Route 13

We are approx 4.3 miles on the left

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White Water Derby

Matt Schaertl-----585-289-9594-----schaertm@bestaccess.com
www.shortsvillemanchesterareachamberofcommerce.com

The Shortsville Manchester Area Chamber of Commerce will be reviving the White Water Derby next April into a new, alcohol free, family event. In case you are unfamiliar with the White Water Derby, it was held the first Sunday in April (except Easter) from the mid 1970's till 1997. It was stopped in the late 1990's due to alcohol abuse and lack of police. The location is midway between Rochester and Syracuse on the Canandaigua Outlet. The last event had an estimated 6,000 spectators.

We would like to make this fun, educational and informative about the sport. In an effort to help make this interesting to the whole family, we would like to have a roped off area at the park, where different types of canoes, paddles and kayaks can be shown on display with explanations of the differences between one another. Locally we have a 1925 birch bark canoe and a photograph of the Indian chief that built it and sold it for \$25. We would like to have samples of the different types (aluminum/plastic, lake, white water, maybe a couple of badly wrecked canoes, and so on).

We will also have an ongoing radio - commentary show at the park also. Perhaps one of you know someone that would be willing to be our "technical commentator" and someone else that can be interviewed by the host to discuss the canoe/kayak displays? Since the event will last several hours, perhaps 2-3 different people would like to share. They will also be interviewing some of the participants, vendors, retailers, manufacturers, etc. Please pass this along to anyone you think may be able to offer us some help and/or suggestions in making this a unique event.

Dear FLOW Kayaking Club,

On behalf of the West Irondequoit High School I would like to extend my gratitude for your assistance during the "Earth Science Field Experience through Flat Water Kayaking". Both support and additional chaperones were provided to Rose Conley, Earth Science instructor (and paddler), during her instruction of this activity during the months of May and June. Specifically; Scott Conley, Rick Mauser, and Don Shaw acted as guides at Bay Creek Paddling in this wonderful learning experience. The students benefited from your experience and patience. It was so gratifying to watch the kids go from wobbling and tentative, to trying to race each other down the creek. The students who you continually rescued from the reeds wanted to make sure you knew how thankful they are for your help.

Over all, this was an enriching educational experience for all, and we look forward to this joint venture next spring.

Thank you again,
 Rose Conley
 Earth Science Teacher
 West Irondequoit High School



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