



FLOWlines



Finger Lakes-Ontario Watershed Paddlers' Club Newsletter
Rochester NY

Volume 6, Issue 9

September 2001

September General Meeting

Date: Thurs., Sept 13

Time: 7:00 pm

Place: Daily Perks Coffee House
389 Gregory Street, Rochester

There will be a brief business meeting to discuss this year's general meeting schedule and agenda. We need to hear what **you** want from the club in the upcoming year. After this discussion we will have the first (maybe annual) FLOW photo contest. Bring your 2001 paddling photos (and associated stories). The best entry wins a bottle of wine!

15th Annual International Coastal Cleanup

Who: Organized by the Water Education Collaboration at the Rochester Museum and Science Center in partnership with Monroe County, the City of Rochester, Cornell Cooperative Extension, Monroe County 4-H Club, Town of Irondequoit, and the Adirondack Mountain Club.

What: Volunteer based cleanup event along the Genesee River and Durand Eastman Beach.

When: 9 AM- 1:00 PM, Saturday, September 15th - Rain or Shine. "Trash Bash" held from 12 noon - 1 p.m. with lunch and games/prizes

Where: Four sites to choose from: Genesee Valley Park, Durand Eastman Beach, Turning-Point Park, and Seth Green fishing site (in the Maplewood Park area)

Why: Last year, approximately 250,000 pounds of debris were collected from over 1000 sites worldwide. The Rochester community is joining in this extensive effort to protect and restore our unique community resources.

Schedule of Events:

- Arrive at the cleanup location where you would like to participate.
- Enjoy a complimentary breakfast of bagels, juice and coffee.
- Cleanup! You will be given gloves, bags, and data cards to record the garbage you collect.
- When you are finished, come to Durand Eastman Park for lunch and entertainment at our "Trash Bash". Enjoy live music and games, and be entered in a raffle to win a dinner cruise from the Harbor Town Bell and Mr. Dominic's, passes to the Rochester Museum and Science Center, and much more!

Registration:


We are encouraging those who wish to participate to pre-register for the event. (But walk-ins are always welcome!). To register, contact Margit Brazda at (716) 271-4552 ext. 320 or margit_brazda@rmssc.org

Please give us your name, address, day-time phone number, and at which location you wish to participate.

Rochester School for the Deaf presents its 9th annual Adventures in Education Program Featuring

JEAN-MICHEL COUSTEAU

Internationally-known ocean explorer, educator, environmentalist




Wednesday, October 3, 2001 — OR — Thursday, October 4, 2001
Hors d'oeuvre Reception: 5:00-6:30 pm; Presentation: 7:00-8:30 pm
Rochester School for the Deaf, 1545 St. Paul Street
Tickets are \$40; \$75 for patrons

Jean-Michel continues his family's legacy of ocean exploration and conservation:

- Founder and president of Ocean Futures Society (www.oceanfutures.org)
- Producer and/or Executive Producer of 61 television specials
- Syndicated columnist for the Los Angeles Times
- Recipient of the prestigious Peabody Award, the Ace Award and the 7 d'Or

Join us for a breathtaking underwater multi-media presentation. For ticket information call 544-1240.

Special thanks to our 125th anniversary underwriters: SWBR ARCHITECTS, Cobblestone Capital Advisors, Harris Beach LLP, The High Falls Brewing Company, Jasco Tools, Lifetime Health, RG&E.



Send In Your Pictures

The October issue of FLOWlines will be a picture issue so email or mail us your best shots of 2001. Please include the name of the river, paddlers, and photographer. All photos will be returned.

FLOW Organization

President.....	Mike Shafer	227-9291
Vice Presidents.....	Cathy Rague . (315) 926-7890	
James Hopkins	621-2721
Secretary.....	Dorothy Caine.....	544-9725
Treasurer	Ed Boggs	(315) 926-7890
Facilities Development	Rick Williams.....	381-3418
Membership	James Hopkins	621-2721
Trips & Events	Ivan Rezanka	381-7475
Newsletter	Simon Barnett	899-6803
Education/Instruction	Ardie Shaffer.....	334-4487
Public Relations	Steve Kittelberger...	442-6138
Conservation/Access.	Jerry Hargrave.....	663-3888

Newsletter Submissions

Send us trip reports, articles, letters to the editor, rants, photographs, ads for our classified section, or anything else that you would like to see in FLOWines. If you have e-mail, send articles in the form of a text file to barnett@bluefrognet.net

If you do not have e-mail, send articles to:

Simon Barnett
72 Maple Park Heights
Rochester, NY 14625

Membership / Address Changes

To join FLOW, send name, address, telephone, paddling interests, and \$30 (\$35 family rate). Membership papers and updated member lists will be sent to you. Forms are also available on www.flowpaddlers.org. Call 621-2721 for more info.

FLOW Paddlers' Club C/O James Hopkins
43 Whelehan Drive
Rochester, NY 14616

FLOW Hot Line: 234-3893

To access the FLOW Hot Line:

1. Dial 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, press the remote access code any time during the greeting. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

The FLOW hotline is sponsored by FLOW Paddlers' Club for FLOW members. The FLOW hotline is hosted by Bay Creek Paddling Center.

Upcoming trips/events

Whitewater Trips: Contact Ivan Rezanka 381-7475.
Flatwater Trips: Contact James Hopkins 621-2721.

Paddling Contacts

FLOW Corporate Sponsors

<i>BayCreek Paddling Center</i>	288-2830
Boat/gear sales & rental, instruction, kids camp 8% off stocked accessories www.BayCreek.com	
<i>G.R.I.P.</i>	381-3418
ACA Certified whitewater instruction	
<i>Oak Orchard Canoe & Kayak</i>	(800)-4-KAYAKS
1000 Boats, car & truck racks, parts, repair, ½ day river tours 10% off accessories; 22% off plastic WW boats (in stock only) www.oakorchardcanoe.com	
<i>Snow Country</i>	586-6460
10% off paddling gear and accessories www.snowcountrysports.com	

Businesses Offering FLOW Discounts

<i>Colorado Kayak Supply</i> (www.coloradokayak.com)	15% off accessories (Must Supply AWA Number)
<i>Nantahala Outdoor Center</i> (www.noc.com)	10% off all goods
<i>Northern Outfitters</i> (www.noh20.com)	10% off all retail items
<i>Zoar Outdoor</i> (www.zoaroutdoor.com)	10% off accessories and \$50 off boat prices

Local Businesses & Instruction

<i>Adventure Calls</i>	(888) 270-2410
Whitewater rafting and boat shuttle in Letchworth State Park www.adventure-calls.com	
<i>Ardie Shaffer</i>	334-4487
ACA certified whitewater instruction & instructor training ardie@rochester.rr.com	
<i>Hemlock Canoe Works</i>	367-3040
Hand crafted lightweight canoe manufacturer www.hemlockcanoe.com	
<i>Lock 32 Whitewater Park</i>	328-3960
Flat and moving water ACA certified instruction	
<i>Pack, Paddle, Ski</i>	346-5597
Flatwater, whitewater, canoe, kayak, & sea kayak instruction www.packpaddleski.com	
<i>Seayaker Outfitters</i>	(315) 524-9295
ACA certified Coastal Sea Kayak instructor / courses & tours www.seayaker.com	
<i>Talic Sport Hammocks</i>	271-3150
Wooden canoe and kayak stand manufacturer www.talic.com	

Regional & National Organizations

<i>American Canoe Association</i>	www.acanet.org
<i>American Whitewater</i>	www.americanwhitewater.org
<i>Adirondack Mountain Club</i>	www.adk.org
<i>Genesee Waterways Center</i> .	www.geneseewaterways.com

River Gauges

<i>Genesee River (Letchworth)</i>	468-2303
<i>Catteragus Creek</i>	532-0626
<i>Black Cr. at Churchville</i>	(800) 452-1742 #361131
<i>Salmon River</i>	(800) 452-1742 #365123
<i>Waterline Site Codes</i>	www.h2oline.com

2001 FLOW Flatwater Trip Schedule

Trip leaders wanted - contact Jim Hopkins.

work: 607-324-4595 x3923 james.hopkins@transport.alstom.com /home: 607-545-6286 hoppyski@yahoo.com

Day	Date	Time	Type/Class	Where	Trip Coordinator	Phone	Email
Any	April-Oct	Hot Line/ Message Board	Sea & WW Kayak	When Surfs Up @ Durand Beach/Irond. Bay Outlet/Long Pond	Whoever calls/posts	FLOW Hotline 716-234-3893	www.flowpaddlers.org
Thurs	9/6	7:00 PM	All	Hotline/Web Msg Board	TBD	716-234-3893	www.flowpaddlers.org
Thurs	9/13	7:00 PM	General Mtg	Brighton Town Hall	See Flowlines	FLOW hotline	www.flowpaddlers.org
Thurs	9/20	7:00 PM	All	Farewell to Summer Surf Classic@Durand Beach	TBD		

2001 FLOW Whitewater Trip Schedule

Contact Ivan Rezanka, 381-7475 to add or change trip listings.

Whitewater paddling, like all adventure sports, entails an element of risk. FLOW members assume this risk, and share the risk and responsibility for assisting others in need, as a condition of joining any of the listed trips below. Each participant will be asked to sign a release to this effect before putting onto the water.

We CANNOT take non ACA/FLOW members on the trips. The one-day membership which we used for pool practices does not work for trips.

Date	Level	Trip Description	Coordinator	Phone
9/1	Intermediate	Salmon River, Pulaski, NY. A scheduled 750 cfs release. Class III	Bill Kuipers	716-322-7742
9/2		Trip Cancelled – Salmon release is only one day due to lack of water.		
10/13	Intermediate/ Advanced	Lower Moose River (Moose Fest weekend). Class IV	Ben Bramlage	518-792-3277 518-745-1489
11/3-4	Intermediate	Tohickon Creek, PA Class III to III+. Camp nearby.	Steve Kittelberger	716-442-6138

Steering Committee Minutes

Monday, August 20, 2001, Mike Shafer's Kitchen

Present: Mike Shafer, Jim Hopkins, Steve Kittelberger, Ed Boggs, Rob Blake, Ivan Rezanka, Cathy Rague

After hotdogs in Mike's driveway (committee meetings are fully catered!), we adjourned to Mike's Kitchen.

- I) 2001 General Meeting/ Committee Meeting Schedule - Cathy Rague
 - 1) The 2001/2002 schedule will be published in the October newsletter.
 - 2) The next Committee Meeting will be at Daily Perks on Thurs., Sept. 13, 2001 at 7:00 pm. Everyone is invited.
- II) Treasury/Membership Report - Ed Boggs and Jim Hopkins
 - 1) Next year's membership renewal dates will remain the same.
 - 2) Membership remains at an all time high.
 - 3) Both pool practice site bills were received and paid for last spring.
 - 4) June and July picnic expenses were paid.
 - 5) We are still awaiting Salmon River Picnic expenses.
- III) New York Rivers United - Ed Boggs
 - 1) Conservation updates and relevant news articles that FLOW received were distributed.
- IV) Genesee Waterways Center & FLOW - Rob Blake
 - 1) A committee was formed to study the proposal of a liaison between FLOW and the Genesee Waterways Center. Committee members include Ivan, Mike, Steve, Rob, Rick and will

include other GWC members when they accept.

- V) Newsletter Outsourcing - Steve Kittelberger
 - 1) Steve proposed that ARC of Wayne County process our newsletters for mailing. The cost is \$.09 per piece. Ed seconded. All approved. The reason for this action is that the job has become more time consuming than there are volunteer hours to complete it. This may change the deadline for the newsletter.
 - 2) Couriers will be needed to transport the newsletter from Simon's (our Editor) to ARC.
- VI) Constitution and Bylaws - Steve Kittelberger
 - 1) A copy of the first draft, written by Steve, was distributed. Comments from the steering committee will be incorporated into the second draft, which will be published in the newsletter for general membership comments. Simon has developed a link to the FLOW website for feedback and comments.
- VII) Liaisons with CNY and Zoar Valley Paddling Clubs - Mike Shafer
 - 1) Mike will keep us updated of ongoing discussions regarding trips and newsletter distribution.
- VIII) Genesee River/Lake Ontario Shore Clean Up - Margit Brazda
 - 1) Will take place Sat, Sept 15. Contact Margit Brazda at 716-271-4552 x 320 or margit_brazda@rmsc.org

September 2001 marks the Fifth Anniversary of FLOWlines

Thanks to the efforts of past newsletter editors Dan Bogaard and Heather Mummery, all back issues of FLOWlines are now available on the web site.

Since I am a relatively new FLOW member, I asked the folks who have been here from the start to write retrospectives on FLOW.

Submitted by Jerry Hargrave

I write this from my unique perspective. After many years paddling in the Rochester area, the memories of paddling whitewater since 1966 are still vivid. Back in high school we did Oatka Creek and Black Creek in aluminum Grumman canoes. Twice in two years I folded a borrowed (my first boss's) canoe around the Oatka railroad trestle! And every April we looked forward to participating in the Canandaigua Outlet race.

It wasn't until 1981 that I took a kayak class. I bought one of the first plastic kayaks imported from Canada by John Robertson. This was long before the Perception Mirage and Dancers came on the scene! At that time there were so few of us that we knew every boater between Buffalo and the Hudson River by kayak color and shuttle vehicle. Even today, when I get to the junction of the Indian and Hudson Rivers, I still expect to smell the acrid aroma of quick-setting epoxy fiberglass patches. It is with this perspective that I offer my views on the first Five Years of FLOW.

From the 1950's until the early 1990's Genesee Valley Chapter of the Adirondak Mountain Club (GVC-ADK) was the logical place for whitewater boaters to meet and plan outings. GVC-ADK had many whitewater outings (172 paddling days in just one year). "Kids" were always encouraged to come along, and many paddlers brought and trained their children on those outings. The Christmas party was always at the paddlers home who had the biggest house (Paul). GVC-ADK sponsored one of the few pool practices to be found in western NY. Another pool practice was held at the University of Rochester, which had impressive

kayak racing and rowing teams. So Rochester has always had a concentration of paddlers.

Aspiring canoeists thought that there were not enough flat water and canoe trips scheduled. Try as we might to involve "flat water paddlers", canoeists were a different breed. Their outings were usually limited to a couple of canoes quietly enjoying the serenity, so major canoe trips were nearly impossible to schedule. This was contrary to the typical frenzy of whitewater, where an attitude of "the more the merrier" attitude prevails. These disparities led to a perceived dissent among the growing paddling community. To complicate things further, the terms LIABILITY and WAIVER were surfacing. To organizations *liability* and *whitewater* were synonymous.

There were suggestions made that whitewater boaters should consider forming a separate whitewater club. Finally a few farsighted and perhaps discouraged paddlers did just that. And Finger Lakes Ontario Whitewater was born. My only reservation was FLOW is already used by *FLOW of New England* (of Deerfield River fame).

Rather than actively assist as a charter member, I chose to step aside to devote my time to ADK waterways as they were the our primary instrument through which we achieved and maintained Salmon Releases. And I maintained my allegiance to American Whitewater and New York Rivers United which are also highly involved in NY hydro re-licensing activities. In addition, I wasted no time joining the newly formed FLOW.

Local paddling organizations such as FLOW are better than national or state organizations in taking care of business in their own backyard. But clubs come and clubs go. The recent and very disappointing demise of CNY whitewater club is one example. This was one example of too few people doing the work. FLOW follows a common scheme of volunteerism where a few do the majority of the work. The future of FLOW is based on individual involvement. I see a renewed commitment to formally organizing the sport of paddling. Everyone from retirees to young people are once again getting involved and it's very refreshing. It has been decades since I have seen so many paddlers paddling with families and children. And sea-kayaking and rowing experts have stepped up to round out the knowledge base.

A word of caution: burnout can take its toll in any volunteer organizations. I am grateful for the founding fathers and to the Steering Committee that gives its time to keep us knit together. In addition, some of our gratitude should go to other volunteers such as Karen Alexander who added much then moved on.

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The newest venture, Lock 32, provides another example to prove Rochester is still a premier place for whitewater paddlers to learn, train, and remain organized. **Happy Birthday FLOW!**

Submitted by Steve Kittelberger

FLOW was founded five years ago, in the summer 1996 as an outgrowth of the Whitewater Committee of the Genesee Watersports Center, which I helped found back in 1993. The Whitewater Committee had been exploring avenues to develop paddlesports in the Rochester area, partially motivated by the concept of a whitewater park downtown. But Rick Williams conceived of and fostered the idea of a whitewater park at Lock 32. At our June 1996 meeting we arrived at the idea that a full-service paddling club in the area was needed, partly to back the Lock 32 development, and partly to offer a full range of services to the paddling community, whether whitewater, flatwater or racing. Mike Shafer was our first elected officer...treasurer, and he collected the first dues check at the July 1996 meeting. Perry Vayo was chartered to come up with some choices for names, and one of his candidates, F.L.O.W., was the hands-down favorite. The first brief newsletter appeared in September 1996 carrying the name FLOWLINES. The rest is history.

Submitted by Rick Williams

I think it was in 1994 or 1995 that I first saw a newspaper article about a possible whitewater course in downtown Rochester. The article solicited people for input and volunteerism. It was through the Rochester Watersports Center and the contact name was Steve Kittleberger. I called on Steve, attended a meeting and started to get involved. The Rochester Watersports Center is now the Genesee Waterways Center. Steve and I spoke at the meetings and GWC was the parent group which a paddling club would fall under. Steve, Ardie Shaffer, and some others (can't remember them all) started talking about setting up a club for paddlers. The ADK was the only club around at that point that had paddling associated with it but was not geared at all for paddlers and there was no

support or structure. The loose knit community of paddlers came to the consensus that a club for networking and information was needed.

Initial meetings were held at the GWC boathouse and after a few gatherings it was evident that a club was needed. I remember a meeting where we threw out some names. We wanted to be broad enough to include greater Rochester and nearby counties/region. The task was to come up with an appropriate name which also had a cool acronym. Perry Vayo came to the next meeting and had three or so possibilities. Everyone liked FLOW and hence the name, club and path we're on was born. Instead of the pipedream downtown whitewater course, I embarked on a mission to try to create a facility at lock 32 for a fraction of the cost. At this time a legal entity was needed. Liking the idea of a non-for-profit entity, GWC (formerly RWC) was the likely choice since this was to be the overlap of FLOW as the GWC paddling branch. In the process I had to apply for a for-profit to get the initial permits and then merge back into the non-profit GWC to run the facility.

My hope is that the original concepts of FLOW and GWC take place, where GWC is the non-profit instructional, educational and training arm that FLOW members benefit from.

Submitted by Rob Blake

During the past FLOW years, and going to this year's annual FLOW Salmon River party, I realized that FLOW is more than just a "club"; it is like an extended family. FLOW members are a family that have numerous traits in common regardless of whether you've been paddling for 30 days or 30 years. I realized that ALL paddlers are extraordinary people that share the same passion for being outdoors and a sense of adventure. They are simply individuals who like having fun. It is refreshing to see that the number of people affiliated and participating with FLOW each year has been flourishing.

Happy 5th Anniversary FLOW!

Classified Ads / Lost & Found

I need four Y-30 clips to attach a Yakima rack to a gutterless, aero-style roof on a 4-door 1992 Honda Accord LX. If you have some, please call Emily at 346-5597 or email her at epleger@hotmail.com

Need a large Float Bag? - will trade an EPIÖ 21"x37" for a smaller bag (but not bow bag), or I'll even sell it to you. Call Richard 473-2162

Wanted: Large spray skirt. Willing to pay squat. Call me, we'll do business. Richard 473-2162

Sunburst orange **Riot Glide** for sale - \$400. Email Dan Bogaard at dsbpph@rit.edu for more info. If you live around Rochester, I will gladly let you try it before you buy it!

Grey **Cruise Control** for sale. It is equipped with knee and hip bracing, backband, sprayskirt and floatation. \$250 Good starter boat for large paddler. Contact Vaughn at (315)683-5379 or vaughnsally@yahoo.com.

Sticks & Stones may break your bones but 'tis my **Medieval** that will really excite you! Made for the vertical dimensions and to Spin, Spin, Spin! \$400 FIRM. Not to tease, but less than an advanced beginner could get spanked. (Great 'transition' boat from paddling a RPM.) For a good time call S. M. Baker (716) 334-5947, bakersm@frontiernet.net

Purple and white **New Wave Cruise Control** for \$300. Hey — Vaughn's selling his for \$250, then mine is \$249! Maybe you could by both and get a two-for deal. Contact Simon at 899-6803 or barnett@bluefrognet.net.

Found at the Salmon River cleanup: left hand **Glacier Glove**, large size. Contact Richard Mauser at rmauser@sprintmail.com if it is yours.

Perception Mr. Clean play boat and **RIOT KIX** creek boat 450.00 each. Contact Jim at (716) 436-9902 or 370-9585 cell.

Orange **Wavesport Forplay** \$550. Well outfitted and bumped out for big feet and comfort. Call Rick Williams at (716) 381-341

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