



FLOWlines



Finger Lakes-Ontario Watershed Paddlers' Club Newsletter
Rochester NY

Volume 6, Issue 7

July 2001

July Steering Committee Meeting

No meeting this month — go out and paddle!

July General Meeting, Picnic & Our Own Version of Kayak Polo

Date: Thursday, July 12
Time: 5:30 P.M.
Place: Mendon Ponds, Pond View Shelter

We will again be taking advantage of Mendon Ponds' central location and perfect conditions for another annual round of "Boat Ball". This is a great kayaking game to play or watch. There are very few rules — just get the little ball over the goal line. Your skills improve without you even knowing it as you concentrate on paddling with that little ball on your spray skirt and maneuvering around your opponents.

Or just take the opportunity to paddle around the pond and perfect your roll. Bring a friend who has been interested in seeing what this kayaking thing is all about!

FLOW will provide hot dogs, hamburgers and soda. Bring a dish to pass — it'll be a fun evening.

Beaver River Rendezvous Rescheduled For July 14-15

The annual Beaver River Rendezvous—typically scheduled for Labor Day weekend in the Adirondacks of upstate New York—has been shifted to the weekend of July 14-15 for the 2001 paddling season.

The change was necessitated by construction work at the dam on the Beaver's Stillwater Reservoir. Lake levels at Stillwater are being drawn down through the summer to accommodate repairs to the dam and by September water might not be available for the Beaver's traditional fall release season.

Consequently-the year 2001 will feature a special one-time summer release weekend with water available on all three of the Beaver's creek runs — Moshier, Eagle and Taylorville. If water conditions permit, additional releases will be scheduled at

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Fifth Annual FLOW Summer Picnic

This year's paddling picnic extravaganza will be held on August 3-5. It coincides with a 750 CFS release on the Salmon River, and FLOW will convene at Stoney's campground in Pineville for a picnic and bonfire on Saturday, August 4.

And for those of you who have whitewater-challenged family members who are reluctant to go for the weekend, Adventure Calls has the solution. They are offering a 15% discount to FLOW member families for rafting trips on the Salmon on 8/4-5. Sit-on-tops and inflatables will be available for rent too. Reservations are suggested as August is warm and the release is guaranteed. Call Kevin Kretchmer at 343-4710.

Stoney has been stockpiling pallets, gasoline, and other combustibles since last year, so make sure that your tent is set up far away from the bonfire. Unconfirmed rumors indicate that he picked up an army surplus flame thrower to start the blaze.

Food and refreshments will be provided by FLOW and reduced camping rates are available for Friday and Saturday nights.

2001 Salmon River Festival July 7-8

Saturday, July 7th will be the first ever night festival at the Salmon River Kayak Festival. Boaters will have the opportunity to enjoy optimal flows of 750 cfs during the day, and enjoy the festival atmosphere in the evening.

The festival activities will start promptly at 5pm, with the Ringgold Fire Department hosting a chicken BBQ. Fire Chief Larry Phillips states, "We're looking forward to working with American Whitewater and the kayaking community during the festival." The Fire Department will be selling chicken dinners, as well as hot dogs, soda, and beer. They will also be sponsoring the bonfire, which will belit at dusk. It's definitely something you won't want to miss!

Music will start at 6:30pm and go until 11pm. The AW Silent Auction will be back, with a full line of

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FLOW Organization

President.....	Mike Shafer	227-9291
Vice Presidents.....	Cathy Rague . (315) 926-7890	
James Hopkins	621-2721
Secretary.....	Dorothy Caine.....	544-9725
Treasurer	Ed Boggs	(315) 926-7890
Facilities Development	Rick Williams.....	381-3418
Membership	James Hopkins	621-2721
Trips & Events	Ivan Rezanka	381-7475
Newsletter	Simon Barnett	899-6803
Education/Instruction	Ardie Shaffer.....	334-4487
Public Relations	Steve Kittelberger...	442-6138
Conservation/Access.	Jerry Hargrave.....	663-3888

Newsletter Submissions

Send us trip reports, articles, letters to the editor, rants, photographs, ads for our classified section, or anything else that you would like to see in FLOWlines. If you have e-mail, send articles in the form of a text file to barnett@bluefrognet.net

If you do not have e-mail, send articles to:

Simon Barnett
72 Maple Park Heights
Rochester, NY 14625

Membership

To join FLOW, send name, address, telephone, paddling interests, and \$30 (\$35 family rate). Membership papers and updated member lists will be sent to you. Call 621-2721 for more information.

James Hopkins
Re: FLOW Paddlers' Club
43 Whelehan Drive
Rochester, NY 14616

FLOW Hot Line: 234-3893

To access the FLOW Hot Line:

1. Dial 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, press the remote access code any time during the greeting. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

The FLOW hotline is sponsored by FLOW Paddlers' Club for FLOW members. The FLOW hotline is hosted by Bay Creek Paddling Center.

Upcoming trips/events

Whitewater Trips: Contact Ivan Rezanka 381-7475.
Flatwater Trips: Contact James Hopkins 621-2721.

Paddling Contacts

FLOW Corporate Sponsors

<i>BayCreek Paddling Center</i>	288-2830
Boat/gear sales & rental, instruction, kids camp	
8% off stocked accessories	
www.BayCreek.com	
<i>G.R.I.P.</i>	381-3418
ACA Certified whitewater instruction	
<i>Oak Orchard Canoe & Kayak</i>	(800)-4-KAYAKS
1000 Boats, car & truck racks, parts, repair, ½ day river tours	
10% off accessories; 22% off plastic WW boats (in stock only)	
www.oakorchardcanoe.com	
<i>Snow Country</i>	586-6460
10% off paddling gear and accessories	
www.snowcountrysports.com	

Businesses Offering FLOW Discounts

<i>Colorado Kayak Supply</i> (www.coloradokayak.com)
15% off accessories (Must Supply AWA Number)
<i>Nantahala Outdoor Center</i> (www.noc.com)
10% off all goods
<i>Northern Outfitters</i> (www.noh20.com)
10% off all retail items
<i>Zoar Outdoor</i> (www.zoaroutdoor.com)
10% off accessories and \$50 off boat prices

Local Businesses & Instruction

<i>Adventure Calls</i>	(888) 270-2410
Whitewater rafting and boat shuttle in Letchworth State Park	
www.adventure-calls.com	
<i>Ardie Shaffer</i>	334-4487
ACA certified whitewater instruction & instructor training	
ardie@rochester.rr.com	
<i>Hemlock Canoe Works</i>	367-3040
Hand crafted lightweight canoe manufacturer	
www.hemlockcanoe.com	
<i>Lock 32 Whitewater Park</i>	328-3960
Flat and moving water ACA certified instruction	
<i>Pack, Paddle, Ski</i>	346-5597
Flatwater, whitewater, canoe, kayak, & sea kayak instruction	
www.packpaddleski.com	
<i>Seayaker Outfitters</i>	(315) 524-9295
ACA certified Coastal Sea Kayak instructor / courses & tours	
www.seayaker.com	
<i>Talic Sport Hammocks</i>	271-3150
Wooden canoe and kayak stand manufacturer	
www.talic.com	

Regional & National Organizations

<i>American Canoe Association</i>	www.acanet.org
<i>American Whitewater</i>	www.americanwhitewater.org
<i>Adirondack Mountain Club</i>	www.adk.org
<i>Genesee Waterways Center</i> .	www.geneseewaterways.com

River Gauges

<i>Genesee River (Letchworth)</i>	468-2303
<i>Catteragus Creek</i>	532-0626
<i>Black Cr. at Churchville</i>	(800) 452-1742 #361131
<i>Salmon River</i>	(800) 452-1742 #365123
<i>Waterline Site Codes</i>	www.h20line.com

Beaver River Rendezvous

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Taylorville and Eagle in during the normal September period.

"We knew that Stillwater is going to be drawn way down by the first of August," said Beaver River coordinator Chris Koll, "and since Stillwater feeds all the sections of the Beaver, we were facing the real possibility that there just wouldn't be water for the releases in September."

"Fortunately, Orion Power was willing to negotiate this special release weekend in July when the Beaver has a surplus of water from the early drawdown," Koll said. "We just hope that we can get the word out to boaters who have been traveling to the Beaver for the past three years that the river will be running in July."

If past experience is any indicator—finding boaters to paddle the Beaver shouldn't be much of a problem. Last year's Rendezvous drew nearly 300 boaters to upstate New York.

The July 14-15 weekend will feature a Taylorville release on Saturday from 10 am to 2 pm followed by an Eagle release from 1 pm to 5 pm. Sunday will include a release at Moshier from 10 am to 2pm with another release at Eagle from 1 pm to 5 pm.

The releases are a product of negotiations by American Whitewater that resulted in a series of 11 whitewater releases during a typical year spread over three challenging sections of Beaver River whitewater. The sections are dry except for release days when Orion Power allows water to spill back into the natural river bed creating whitewater runs ranging from class 3 to class 5.

Questions can be directed to Chris Koll at ckoll1234@aol.com or by calling (315) 652-8397.

2001 Salmon River Festival

Continued from page 1

gear and boats donated by various outfitters for your bidding enjoyment. The auction will go from 6:30pm until 10:30pm, so bring your wallet, place your bid, and help support AW!

The Festival Booth will be back and is the place where you can buy fest T-shirts, have a chance to win a Cascade helmet by filling out a questionnaire, and register for the down river races and **Paddle With A Pro** activities. The Festival Booth also provides information about local businesses and attractions, as well as maps to the various put-ins and take-outs along the Salmon. Stop by and say hello!

There will also be a plethora of outfitters, boat manufacturers, and non-profit organizations set up to share information on gear, boats and environmental issues. If you're looking for a new boat, a new vest, or people to paddle with, the Fest is the place to be!

Boat Reps will be at the Route 2A put in on both Saturday and Sunday to allow paddlers to try out the latest models.

The Central NY Kayak Club is sponsoring a flat water paddle on the reservoir on Saturday morning.

There will be two events on Sunday.

- **Paddle with a Pro**
Sponsored by Northern Outfitters to benefit AW, The Paddle with a Pro costs \$20 a person and gives the participant two hours of personalized instruction with a Northern Outfitters Pro.
- **Citizen's Down River Races**
There will be several classes and skill levels, and prizes will be awarded to those who race. Race proceeds go to AW.

For the latest info, check out the festival web site: www.nywhitewaterfests.com. If you have any questions or are able to volunteer, contact the festival coordinator Michelle Bull at (315) 498-5516 or auntchelle@juno.com. Volunteers receive a free fest t-shirt and chicken dinner for their help.



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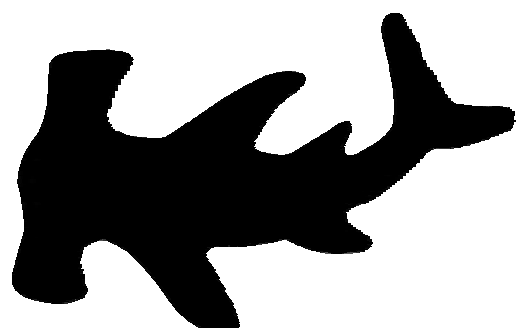
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2001 FLOW Flatwater Trip Schedule

Trip Leaders Wanted — Contact Jim Hopkins
 work: 607-324-4595 x3923 james.hopkins@transport.alstom.com
 home: 607-545-6286 hoppyski@yahoo.com

Day	Date	Time	Type/Class	Where	Trip Coordinator	Phone	Email
Any	April-Oct	Hot Line/ Message Board	Sea & WW Kayak	When Surfs Up @ Durand Beach/Iron. Bay Outlet/Long Pond	Whoever calls/posts	FLOW Hotline 716-234-3893	www.flowpaddlers.org
Thurs	7/5	7:30 PM	All	Genesee River, from Sommerville Parking lot North end of St. Paul Blvd	Shelia Wagoner	716-436-7717	sheila.wagoner@kodak.com
Thurs	7/12	6:00PM-Sunset	All	Mendon Ponds, Pond View Shelter	FLOW Picnic	FLOW hotline	www.flowpaddlers.org
Thurs	7/19	6:30 PM	All	Honeoye Lake Boat Launch, SE Shore, East Lake Rd.	George Scherer	716-381-2104	george.scherer@kodak.com
Thurs	7/26	7:00 PM	All	Keuka Lake, Penn Yan Boat Launch, Keuka Lake Outlet	George Scherer	716-381-2104	george.scherer@kodak.com
Sat-Sun	8/4	All Weekend!	All	FLOW Picnic, Pulaski	See Flowlines	FLOW hotline	www.flowpaddlers.org
Thurs	8/9	6:00 PM	All	Durand Beach, Surf, Open Water	George Scherer	716-381-2104	george.scherer@kodak.com
Thurs	8/16	6:00 PM	All	Durand Beach, Surf, Open Water	George Scherer	716-381-2104	george.scherer@kodak.com
Thurs	8/23	7:00 PM	All	Hotline/Web Msg Board	TBD	716-234-3893	www.flowpaddlers.org
Thurs	8/30	7:00 PM	All	Hotline/Web Msg Board	TBD	716-234-3893	www.flowpaddlers.org
Thurs	9/6	7:00 PM	All	Hotline/Web Msg Board	TBD	716-234-3893	www.flowpaddlers.org
Thurs	9/13	7:00 PM	General Mtg	Brighton Town Hall	See Flowlines	FLOW hotline	www.flowpaddlers.org
Thurs	9/20	7:00 PM	All	Farewell to Summer Surf Classic@Durand Beach	TBD		



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2001 FLOW Whitewater Trip Schedule

Whitewater paddling, like all adventure sports, entails an element of risk. FLOW members assume this risk, and share the risk and responsibility for assisting others in need, as a condition of joining any of the listed trips below. Each participant will be asked to sign a release to this effect before putting onto the water.

We CANNOT take non ACA/FLOW members on the trips. The one-day membership which we used for pool practices does not work for trips

To add trips, or change existing trip listings for the monthly update, call Ivan Rezanka, 381-7475. And be sure to check FLOW's telephone Hotline, 234-3893 for impromptu trips and events.

Date	Level	Trip Description	Coordinator	Phone
6/30-7/2	Intermediate/ Advanced	Ottawa River, Beachburg, Ontario. Class III - IV The annual gathering of FLOW paddlers to celebrate July 4 and Canada day. The river and paddlers are warm, wet, and wild.	Steve Benedict	315-331-5198
7/8	Intermediate	Salmon River, Pulaski, NY. A scheduled 750 cfs release. Class III	Simon Barnett	716-899-6803
7/14	Intermediate/ Advanced	Black River, Watertown, NY. Class III - IV	Paul Houndt	716-342-3055
7/21-22	Intermediate	Salmon River, Pulaski, NY. A scheduled 750 cfs release. Class III	Cathy Rague	315-926-7890
7/28-29	Intermediate/ Advanced	Deerfield River, MA Dryway section Class III - IV	Steve Kittelberger	716-442-6138
8/4	Intermediate	Salmon River, Pulaski, NY. A scheduled 750 cfs release. Class III	Bill Kuipers	716-322-7742
8/24-26	Advanced	Gatineau River Festival, Maniwaki, Quebec. Class IV. Pre-registration is required.	Vaughn Skinner	315-683-5379
9/1	Intermediate	Salmon River, Pulaski, NY. A scheduled 750 cfs release. Class III	Bill Kuipers	716-322-7742
9/2	Intermediate	Salmon River, Pulaski, NY. A scheduled 750 cfs release. Class III	Richard Mauser	716-473-2162
10/13	Intermediate/ Advanced	Lower Moose River (Moose Fest weekend). Class IV	Ben Bramlage	518-792-3277 518-745-1489
11/3-4	Intermediate	Tohickon Creek, PA Class III to III+. Camp nearby.	Steve Kittelberger	716-442-6138



Outdoor Expo A Success

Thanks to everyone who took a shift at the FLOW table at the ADK/EMS outdoor expo. It was a beautiful day at Mendon Ponds and we had a chance to chat with a lot of folks and hand out a stack of newsletters.

Classified Ads / Lost & Found

I need four Y-30 clips to attach a Yakima rack to a gutterless, aero-style roof on a 4-door 1992 Honda Accord LX. If you have some, please call Emily at 346-5597 or email her at epleger@hotmail.com

Need a large Float Bag? - will trade an EPIÖ 21"x37" for a smaller bag (but not bow bag), or I'll even sell it to you. Call Richard 473-2162

Wanted: Large spray skirt. Willing to pay squat. Call me, we'll do business. Richard 473-2162

Sunburst orange **Riot Glide** for sale - \$400. Email Dan Bogaard at dsbph@rit.edu for more info. If you live around Rochester, I will gladly let you try it before you buy it!

Grey **Cruise Control** for sale. It is equipped with knee and hip bracing, backband, sprayskirt and floatation. \$250 Good starter boat for large paddler. Contact Vaughn at (315)683-5379 or vaughnsally@yahoo.com.

Sticks & Stones may break your bones but 'tis my **Medieval** that will really excite you! Made for the vertical dimensions and to Spin, Spin, Spin! \$400 FIRM. Not to tease, but less than an advanced beginner could get spanked. (Great 'transition' boat from paddling a RPM.) For a good time call S. M. Baker (716) 334-5947, bakersm@frontiernet.net

Purple and white **New Wave Cruise Control** for \$300. Hey — Vaughn's selling his for \$250, then mine is \$249! Maybe you could buy both and get a two-for deal. Contact Simon at 899-6803 or barnett@bluefrognet.net.

Found at the Salmon River cleanup: left hand **Glacier Glove**, large size. Contact Richard Mauser at rmauser@sprintmail.com if it is yours.

Perception Mr. Clean play boat and **RIOT KIX** creek boat 450.00 each. Contact Jim at (716) 436-9902 or 370-9585 cell.

Next newsletter deadline is July 19



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Beaver Trip Cancelled

Please note that the the FLOW trip planned for the Beaver in September has been cancelled due to the release schedule change (see article **Beaver River Rendezvous Rescheduled For July 14-15** on page 1 for more details.) Ben has prior commitments in July so he can not lead the trip. If anyone is willing to lead a trip, please post a message on the FLOW message board and hotline.



FLOW Paddlers Club
43 Whelehan Drive
Rochester, NY 14616

