



FLOWlines



Finger Lakes-Ontario Watershed Paddlers' Club Newsletter
Rochester NY

Volume 5, Issue 10

October 2000

October General Meeting

Date: Thursday, October 12
Time: 7:00 P.M.
Place: Brighton Town Hall
2300 Elmwood Avenue

The details for the program are still being worked.
Call the hotline after Monday, October 8 for
information.

October Steering Committee

Date: Wednesday, October 4
**Please note that the meeting is
on Wednesday this month!**
Time: 7:00 P.M.
Place: Mike's House Of Paddling Pleasure
89 Dorsetwood Drive

Rushford Release River Festival

October 21, 10 a.m. - 4 p.m.

Lower Falls Pool Area, Letchworth State Park.
Come to Letchworth State Park and take advantage
of the increased water levels during the Rushford
River release. There will be a vendor area, paddling
demonstrations, and competitions. So far we have
commitments from Bay Creek, Oak Orchard
Canoe, Canoe & Kayak Center, and Massasaugua
Bike Rentals and Tours. In addition, Endless Mt
Fab and Repair will be set up to repair all types of
boats - so if you wrapped your favorite boat
around a rock, bring it down and have it fixed.
If you are interested in assisting with organization
or helping out on festival day, please contact Kevin
at Adventure Calls (adcalls@yahoo.com or 716-
343-4710)

FLOWlines Co-Editor Sought

After a year of Co-Editing the FLOWlines
newsletter, Karen Alexander is stepping down. She
has agreed to keep editing through December, and
we would like the new co-editor to start taking over
the responsibilities during the next few months.
Simon Barnett will be continuing as the other
co-editor. If you are interested, please contact
Karen Alexander (461-1513) or Simon Barnett
(244-3557).

Tohickon Releases Are Back

November 4 - 5, Bucks County PA

Pennsylvania Department of Conservation and
Natural Resources (DCNR) officials announced that
for the first time in a year-and-a-half, DCNR will
conduct the fall whitewater release from Lake
Nockamixon into the Tohickon Creek in Bucks
County.

The spring release was canceled this year due to
construction work in Delaware Canal State Park on
the historic Tohickon Aqueduct over the stream
and a release in November 1999 also was canceled
as a result of damage from Tropical Storm Floyd.
Officials expect the waterway to be ready for
boating at 8 a.m. on both days of this year's
release. For more information, contact Delaware
Canal State Park at (610) 982-5560.

Moose River Fest

October 14 - 15, Old Forge NY

The Moose River Festival is an American
Whitewater event which showcases the spectacular
whitewater fun and variety found on New York's
Moose River. The festival party takes place indoors
on Saturday night in Old Forge at the North Street
Pavilion. As in years past, the festival will feature
live entertainment, food, beverages, industry
manufacturer displays, a silent auction, and
equipment raffles. The Lower Moose Sprint will
take place on Saturday, and the Bottom Moose
Extreme race will be on Sunday. Contact Chris Koll
for more information. (315) 652-8397 or
ckoll1234@aol.com.

Lock 32 Party

October 29, Pittsford NY

Mark your calendars - there is going to be a picnic
at the Lock 32 whitewater course on the last
paddling day of 2000. (The canal is closed on the
30th.) Hot dogs and hamburgers will be served at
4:00 (BYOB). FLOW members will be able to paddle
for free all day if they bring a dish to pass, bag of
chips, Twinkies, article of kayaking gear, old boots,
socks, smelly polypro, or some other item. GWC is
a legal not for profit organization and donations are
tax deductible. If you have any questions, call Art
Miller at 377-1994.

FLOW Organization

President	Mike Shafer.....	716 227-9291
Vice Presidents	Cathy Rague.....	315 926-7890
 James Hopkins	716 621-2721
Secretary	Dorothy Sullivan .	716 544-9725
Treasurer	Ed Boggs	315 926-7890
Facilities Development .	Rick Williams.....	716 381-3418
Membership	James Hopkins	716 621-2721
Trips & Events	Ivan Rezanka.....	716 381-7475
Newsletter	Karen Alexander .	716-461-1513
 Simon Barnett.....	716 244-3557
Education/Instruction	Ardie Shaffer.....	716 334-4487
Public Relations	Steve Kittelberger....	716 442-6138
Conservation/Access/AW .	Jerry Hargrave.....	716-663-3888

FLOW Hot Line: 716 234-3893

To access the FLOW Hot Line:

1. Dial 716 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, press the remote access code any time during the greeting. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

The FLOW hotline is sponsored by FLOW Paddlers' Club for FLOW members. The FLOW hotline is hosted by Bay Creek Paddling Center.

Newsletter Submissions

Send us trip reports, articles, letters to the editor, photographs, ads for our classified section, or anything else that you would like to see in FLOWlines.

If you have e-mail, send articles in the form of a text file to wave@rochester.rr.com

If you do not have e-mail, send articles to:
Karen Alexander
220 Mt Vernon Ave.
Rochester, NY 14620

For those of you still living in the dark ages (i.e. without typewriter or computer) handwritten submissions are acceptable, but they must be reasonably legible, or great editorial license may be invoked.

Membership and Mailing List

To join FLOW, send name, address, telephone, paddling interests, and \$30 (\$35 family rate). Membership papers and updated member lists will be sent to you. Call (716) 621-2721 for more information.

James Hopkins
Re: FLOW Paddlers' Club
43 Whelehan Drive
Rochester, NY 14616

Upcoming trips/events

Contact Ivan Rezanka (716) 381-7475 for Whitewater Trips. Contact James Hopkins (716) 621-2721 for Flatwater Trips.

Gauge numbers

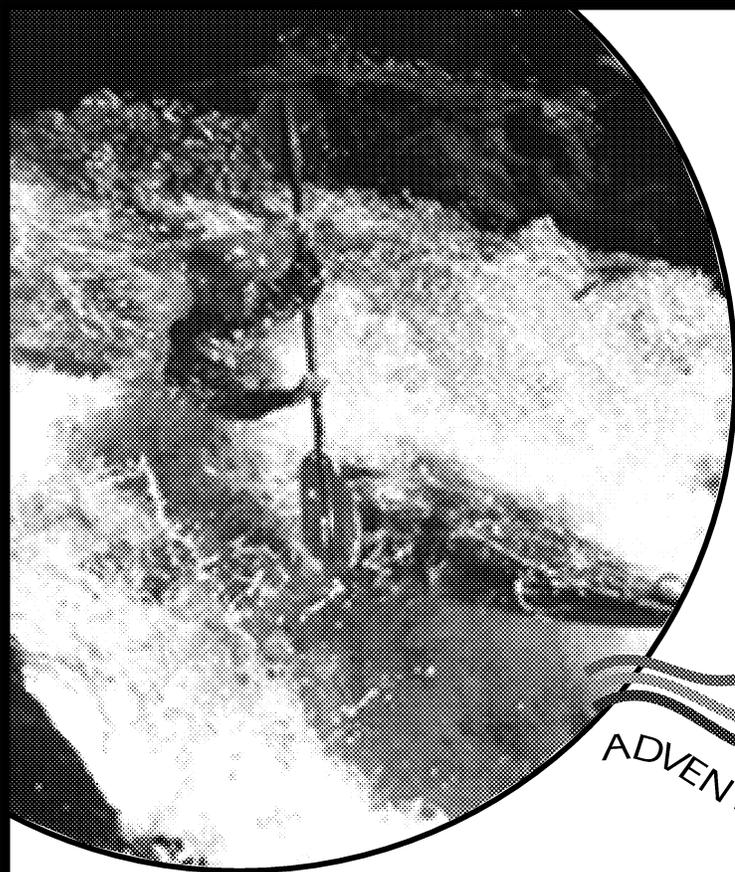
Genesee River (Letchworth)	716-468-2303
Cattaraugus River.....	716-532-5454
Salmon River.....	1-800-452-1742 #365123
Keuka Outlet	716-234-0090

Paddling Contacts

Adirondack MountainClub(ADK) ...	(716) 987-1717
Adventure Calls.....	(888) 270-2410
Ardie Shaffer.....	(716) 334-4487
BayCreek Paddling Center	(716) 288-2830
G.R.I.P.....	(716) 381-3418
Lock 32 Project (Art Miller)	377-1994
Oak Orchard Canoe.....	(800)-4-KAYAKS
Pack, Paddle, and Ski	(716) 346-5597
Seayaker Outfitters.....	(315) 524-9295

Web Pages

AWA	http://www.awa.org
Bay Creek	http://www.BayCreek.com
FLOW	http://flowpaddlers.org
Seayaker	http://www.seayaker.com
Waterline	http://h2oline.com



RSD

ROCHESTER SCHOOL FOR THE DEAF

Presents

RIVERS of the WORLD

ADVENTURES IN EDUCATION 2000

Thursday, October 19, 2000

Rochester School for the Deaf

1545 St. Paul Street

Featuring world-renowned kayaker

Arlene Burns



As a professional kayaker, adventure guide, member of the U.S. Women's Whitewater Team, and advisor/stunt double for Meryl Streep in *The River Wild*, Arlene will take you to the water's edge with an exciting multi-media presentation of her thrilling river adventures. Another not-to-be missed event!

Recognized nationally and internationally as a leader in the education of children who are deaf, RSD is a residential school which provides exceptional educational opportunities for children between birth and age 21 in 18 counties of upstate New York.

Reception: 5:00—6:30 pm Program: 7:00—8:30 pm
Book sale and signing immediately following the program

YES, I/We will attend. A check for \$_____ is enclosed. Please reserve:

- Regular tickets at \$30
- Patron ticket at \$60 (includes Program Book listing if received by October 5, 2000)
- Underwriter: Minimum \$250 donation (includes 2 patron tickets and an invitation to a private reception for underwriters to meet Ms. Burns on the evening of Wednesday, October 18)

For each ticket purchased, any amount over \$17 is tax deductible.

I regret that I cannot attend but enclosed is my contribution of _____.
 Please make check payable to RSD: Adventures in Education.

Mail ticket(s) to:

Name: _____

Street: _____ City: _____ State: _____ Zip: _____

Phone: _____

Patron/Underwriter name as it should appear in the program: _____

FLOW Flatwater Paddling Calendar

Weeknight Paddles will be on Thursdays in 2000. Sponsored and coordinated by the flatwater paddlers, open to all. A great escape from the mid week blahs and for Canoe/WW/Sea Kayak paddler interaction. The evening coordinator will structure the paddle to the interests of the participants and offer a shorter and longer paddle from the same starting point. Don't like Thursdays? Volunteer for another night...added trips are welcome. Contact Jim Hopkins 621-2721 (hoppyski@yahoo.com) with your trip.

Date	Time	Type/Class	Trip/Event	Coordinator	Phone	E-Mail
5-Oct	6:30 PM		TBD, Check Hot Line			
TBD		Wilderness River	Churchill River 10-14 Day	Ed McDonald	544-3467	Early Jun or Late Aug-Sept 2001

Coordinators/Trip Leaders are covered by ACA Insurance for Listed Trips

FLOW Whitewater Trip/Event Schedule

Whitewater paddling, like all adventure sports, entails an element of risk. FLOW members assume this risk, and share the risk and responsibility for assisting others in need, as a condition of joining any of the listed trips below. Each participant will be asked to sign a release to this effect before putting onto the water. To add trips, or change existing trip listings for the monthly update, call Ivan Rezanka, 381-7475. And be sure to check FLOW's telephone Hotline for impromptu trips and events.

Date	Skill Level	Trip Description	Coordinator
Oct. 7-8	Intermediate	Hudson River Gorge. Class III - IV	Steve Benedict 315-331-5198
Oct. 14	Advanced	Lower Moose River. Class IV	Ben Bramlage 518-251-5300
Oct. 15	Beginner	Genesee River, Letchworth State Park, Class II	Steve Kittelberger 442-6138
Oct. 21	Beginner	Genesee River, Letchworth State Park, Class II	Ian Komorowski 425-9434
Nov 3-5	Intermediate	Tohickon Creek, Pennsylvania. Class III	TBA, call I. Rezanka 381-7475

Coordinators/Trip Leaders are covered by ACA Insurance for Listed Trips.



Photograph by Mike Shafer and his cool new digital camera

Helen Cherniack
Surfin' Angel's Kiss
On The Ottawa

Paddling the Lake Temagami Area, Ontario

Submitted by Steve and Linda Benedict

Linda and I took a two week reprieve from the challenging choices of the 2000 election process and went north to Canada in early August to Lake Temagami (te-MOG-a-mee) and some of its surrounding lakes. (And yes once again, we blew the timing and missed the Salmon River gathering ... next year for sure!)

Lake Temagami is located off Rt 11 about an hour north of North Bay, which is maybe 4 hours north of Toronto. The lake itself is dotted with cottages, which are allowed only on the islands. (If your cottage burns down, it won't take the surrounding area with it). Motor boats are common near the access site and are unrestricted on Temagami, which is not what we went for, but adjoining lakes abound and the solitude can be absolute. Relatively short, and sometimes rugged, portages put you on Lady Evelyn Lake, Obabika, Wakimika, Sucker Gut Lake (how's that for a name), and with some paddling you can get to the trail head that leads up Ontario's highest peak---you guessed it---Maple Mountain. As I sat one evening and watched a localized downpour move across Obabika more than a mile from my position in the silence of this place, the sound of the rain hitting the lake surface dominated the air.

Old growth white pine and red pine still exist on the north end of Obabika Lake with trails maintained by the 'first nation' people living in the area. Actually the trees only exist thanks to their efforts and resistance to logging interests back in the 70's.

It was here that we saw the largest single grouping of loons of our experience. We counted 39 on the surface at one time. Was it a convention of loons---- seemed vaguely familiar---wasn't that happening in the states? We also saw bears feasting on the blueberry crop. Moose are present in the area but didn't reveal themselves this trip.

Glacially scoured bedrock, rocky cliffs with talus slopes, and forests line the shorelines. Some sandy beaches can be found, but rocks are much more common. Campsites are primitive and most don't even have a privy box, but they are relatively plentiful and well

spread out. Just finding a map with accurate indications of where to look for campsites is the challenge, but it doesn't cost anything. Reservations are not required - or possible. Another option used by some is to get flown in from the nearby town of Temagami to some remote location and then paddle out.

Several wilderness provincial parks occupy the area, and I assume help to preserve the character of the place---Makobe River PP, Lady Evelyn Smoothwater PP, Obabika River PP, Sturgeon River PP, Solace PP..

Recommend that you buy the 'Temagami Canoe Routes Planning Map' available from Finlayson Point Provincial Park, Box 38, Temagami, Ontario POH 2HO 705-569-3205

Also available from other sources, on tyvek if you prefer, the topographic maps (41 P/1; 41 P/8; 41 I/16) although others might apply depending on your destination.

If you go, check out 'Trappers Chip Stand' in Martin River. A nice fella runs the place and the food would have been great even if we hadn't just come in from 10 days on dehydrated food.

Our Own Journey of Discovery

Article and Photographs By George Mermagen



Salmon River, Sawtooth Mountains



Wind River Range

Our 5000 mile road trip to the River of No Return, the Salmon River, in Idaho surpassed our hopes. School's out, plans made, car packed. Nothing left to do but point it west and drive. I picked up my daughter, Kristen, in Columbus where she is Ass't Women's Crew coach at Ohio State. We were directed by a dream she had to backpack the Frank Church River of No Return Wilderness. Destination was Stanley, Idaho, Pop. 99. Only about 67 of them stay the winter. On a good weekend in the summer however the population swells as the kayakers, rafters, fisherpeople, and backpackers pour into the town to use the abundant resources of the Sawtooth National Recreation Area.

Adjectives like opulent, awe inspiring, magnificent hardly approach capturing the hair-raising beauty of the place. I would be happy to talk to you about the experience. In the meantime check out these pictures.

On the way back home the plan was to backpack the Wind River Range in Wyoming. This was my dream. It is also the home of the great Snake River. Arriving in Jackson, Wy. we



Wind River Range

were drawn to a float trip on the Snake. I know as a kayaker I should have shunned that big rubber boat but it's mystical power caused us to go with the flow. We were rewarded with an aerial battle between an osprey and a bald eagle. Three wild bison grazed on the bank. Beavers peered out of the tall grass as we glided past. Mule deer slept in the shade of aspens too late to detect our silent approach. Shadowy glimpses of elk on high banks and moose in the shrubby willows piqued our curiosity. Brief but frequent views of the

Grand Tetons silhouetted against the late afternoon sun only added to the majesty of the beauty.

Leaving Jackson and the Snake, we headed south and camped above Pinedale, Wy. at End of the Trail Campsite, one of the most popular trailheads into the Winds. For several nights we were the only ones there. We did dayhikes and soaked up the immensity of the reason these mountains are called "The Rockies." Take a look for yourself.

*Whitewater
Kayak
Instruction*

GRIP

EXPERIENCE

ACA Certified
Instructors
All Levels

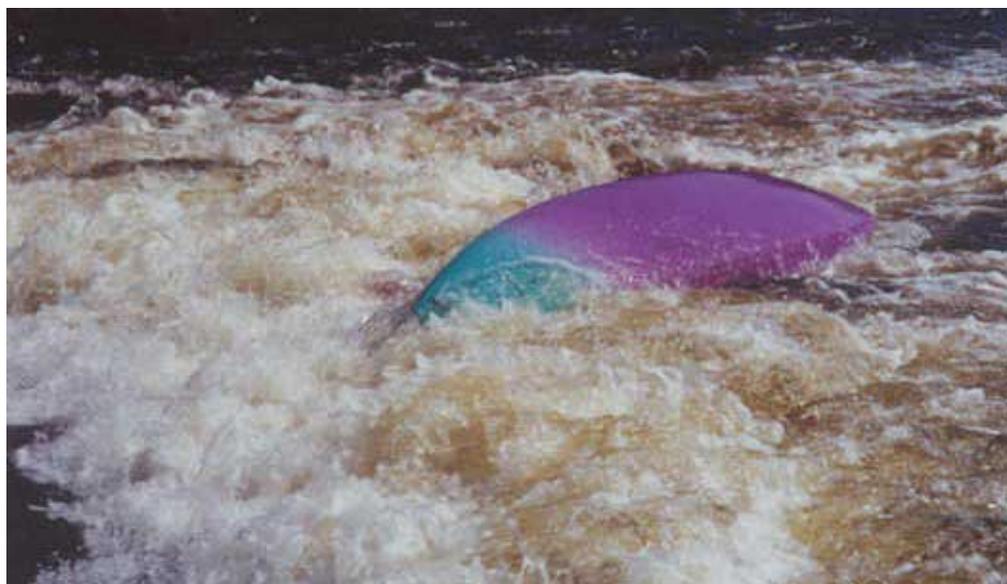
Private and
Group Lessons
Custom Programs

GRAVITY RESEARCH INSTRUCTION PERFORMANCE

Rob Blake
716-734-3000

Rick Williams
716-381-3418

**Unidentified Paddler
Surtin's Angel's Kiss
On The Ottawa**



Classified Ads

Perception medium spray skirt for \$40. **Norse Paddle** for \$40. Call Rick Mauser @ 473-2162

Thule H2Go Kayak Carrier, Still in Box, \$40, **Wavesport Kinetic**, New in Sept. 99, Great beginner kayak for a small paddler, \$550.00 Call Doug 716-734-9026 or droode@ulbi.com

Mohawk XL 13 Whitewater Canoe, Perception saddle, 2 float bags, paddle, \$275. Contact Marcia at 229-4313.

Do you have extra gear sitting in your basement, garage, or under you deck? Someone may want it and just think what you can do with the extra cash! Send your adds to the newsletter editors. See page 2 for contact information.

Next newsletter deadline is Oct. 19

New York Olympic Site

Submitted by Ken Voytac

As you may know, NYC is trying to get the Olympics for 2012. Its a bit early to get excited, but the plan is for an artificial (and permanent!) course in the old World's Fairgrounds. This would be very cool. What a great spot for ongoing races, training, and rodeos! If you are interested you can look at:

<http://www.nyc2012.com/index.home.html>
click on "game plan" "facilities" and then select "canoeing slalom" from the pull down list.

Lock 32 October Price Break

On weekdays during the month of October you can paddle 2 days for the price of one. Get out your dry-top and come on down after work! If you have any questions, call Art Miller at 377-1994.

FLOW Paddlers Club
43 Whelehan Drive
Rochester, NY 14616

