

# FLOWlines

Newsletter of the Finger Lakes-Ontario  
Watershed Paddlers' Club, Rochester NY

Volume 4 Issue 3

March 1999



## First Annual F.L.O.W. Swap Meet

**When:** Saturday March 13, 1999

- (10:00 am till Noon) Sellers check in your equipment
- (Noon till 5:00 pm) SWAP MEET
- (5:00 pm till 6:00 pm) Sellers pick up your cash and unsold equipment
- (6:00 pm till 10:30 pm) Potluck dinner / PARTY (bring something edible to share - there's a 2 burner stove and a charcoal grill at the lodge )

**Where:** Mendon Ponds Park - East Lodge - *see map on page 5*

Go on out to the garage. Look down in the basement. Maybe you've stashed something in the old chicken coop at your mother's place. What are you looking for? BOATS - all kinds-barely used or definitely salvageable; and all kinds of other boating equipment-paddles, spray skirts, vests, racks - everything you are willing to part with! Bring it all to sell at the swap meet at Mendon Ponds East Lodge on Saturday, March 13, 1999. A small donation of \$5.00 to FLOW by sellers is required for registration. ( OK, if you only have misc. boating equipment, but no boat to sell, we'll let you slide for \$2.00.) You can sell your equipment yourself, or have FLOW sell it on consignment for you. (If you choose the consignment method, 10% of the selling price will be donated to FLOW.)

Everyone is welcome; sellers, buyers, browsers, FLOW members, non

members. There will be a fireplace, good company, tall tales, and lots of used equipment to buy! Come and start the season off right!

Acceptable methods of payment are cash or good check with 2 forms of ID. Sorry no credit cards. We'll have beer, soda and some munchies available at nominal cost during the SWAP Meet.

If you have any questions, please call Cathy Rague or Ed Boggs at 315-926-7890 or E-mail them at [cathy.ed@juno.com](mailto:cathy.ed@juno.com).

*See Page 3 for More Info...*

## March 11th General Meeting

### 'How to Build a Wooden Canoe'

The regular March meeting will be held Thursday, March 11, at 7pm on the lower level of the Brighton Town Hall, 2300 Elmwood Avenue, Brighton. The evening's program, entitled "How to Build a Wooden Canoe," will be presented by Patrick Smith of the West Hollow Canoe Company. Pat's presentation promises to be informative and entertaining.

## March Steering Committee Meeting

**Time:** March 4th, 7 p.m.

**Place:** Mike Shafer's - 89 Dorsetwood Drive. Call Mike for directions at (716)227-9291

## FLOW organization

### Officers

<b>President</b>	Steve Kittelberger 716 442-6138
<b>Vice President</b>	Harry Weidman 315 524-9295
<b>Secretary</b>	Dorothy Sullivan 716 359-4710
<b>Treasurer</b>	Mike Shafer 716 227-9291

### Committee chairs

<b>Facilities Development Director</b>	Rick Williams 716 381-3418
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<b>Membership</b>	Art Miller 716 334-5810
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<b>Trips &amp; Events</b>	Joel Chastek 716 768-4651
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<b>Communications</b>	Dan Bogaard 716 442-6634
	Helen Cherniack 716 461-3233

<b>Education/Instruction</b>	Ardie Shaffer 716 334-4487
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## FLOW HotLine: 716 234-3893

### To access the FLOW HotLine:

1. Dial 716 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, **press the remote access code** any time **during the greeting**. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

*The FLOW HotLine is sponsored by FLOW Paddlers' Club for FLOW members. The FLOW HotLine is hosted by Bay Creek Paddling Center.*

### Membership and Mailing List

To join FLOW, send name, address, paddling interests, and \$20 per individual membership to:

Art Miller  
Re: FLOW Paddlers' Club  
264 Vollmer Pkwy  
Rochester, NY 14623

### Newsletter submissions

Send us trip reports, articles, letters to the editor, ads for our classified section, or anything else you'd like to see in FLOWlines.

#### If you have e-mail:

Send articles in the form of a text file to:  
Helen.Cherniack@usa.xerox.com

#### Written submissions:

Preferably typed in a 10-point font or larger, double-spaced.  
Hand-written submissions must be reasonably legible, or great editorial license may be invoked.

#### Mail to:

Helen Cherniack  
480 Benton St.  
Rochester, NY 14620

### Upcoming trips/events

**Contact Joel Chastek (716)768-4651 with trips and events for 1998. Refer to the insert for the latest version of the trip list.**

### Gauge numbers

Genesee River (Letchworth) . . . .716-468-2303  
Cattaragus River . . . . .716-532-5454  
Salmon River . . . . .1-800-452-1742 #365123  
Keuka Outlet . . . . .716-234-0090

#### Pennsylvania rivers:

Philadelphia (Lehigh and others) . . . . .  
 . . . . .1-800-431-4721  
Harrisburg (Loyalsock, Susquehanna, Pine Creek) . . . . .  
 . . . . .1-800-362-0335

Pittsburgh (Yough, Slippery Rock Creek, and others) . . . . .412-262-5290

#### West Virginia rivers:

Gauley River . . . . .304-872-5809  
Southern WV rivers . . . . .304-529-5127

### Contacts

FLOW Paddlers' Club . . . . .	(716) 442-6138
Seayaker Outfitters . . . . .	(315) 524-9295
. . . . .	<a href="http://www.netacc.net/~seayaker">http://www.netacc.net/~seayaker</a>
Pack, Paddle, and Ski . . . . .	(716) 346-5597
Endless Adventures . . . . .	(315) 536-0522
Adirondack MountainClub(ADK)(716) 223-5023	
Ardie Shaffer . . . . .	(716) 334-4487
Oak Orchard Canoe . . . . .	1-800-4-KAYAKS
BayCreek Paddling Center . . . .	(716) 288-2830

## More Swap Meet...

For Sea Kayakers & Touring Paddlers-  
Join us for the 1999 Paddle Events  
Planning Meet

**When:** March 13, 1999 5:00-6:00PM  
**Where:** Mendon Ponds Park - East Lodge

Stick around after the FLOW Swap Meet while you're picking up your \$\$ and unsold gear to help us map out the club 1999 flatwater paddling season. When and where do you want to go paddling- weekday evenings, weekends, over-nighters, and multi-day getaways? Where to- local, distant areas? What would you participate in- short jaunts, picnic tours, full-moon paddles, expeditions, campouts, paddling clinics? At what skill level- protected waterways, moving water, open lakes/ocean? Hey- the FLOW sea kayak paddlers have done 'em. We are a rich source of growing experience and knowledge willing to share adventures with others. That's what the club is all about. Come on out and pitch in with your voice (never seems to be a problem) to let us know what your thinking or want. Remember—we are club volunteers and need your help with what you're willing to contribute to make it all happen. We want to mark up some dates with events and names of willing coordinators and start PADDLING.

Don't forget the PARTY from 6-10PM, you know—the Potluck Dinner. Bring something edible to share as if you made it out on the trail on one of our trips. That might decide on how bad we want you along for our next one. Call or e-mail me with any (kind) comments.  
Harry Weidman 315-524-9295  
seayaker@netacc.net  
Check out all the club events on-line at the FLOW web site. All the pool practice times and locations are posted at [www.netacc.net/~seayaker](http://www.netacc.net/~seayaker)

## Refrigerator Fodder:

### Pool Practice Schedules

•Pittsford: Barker Road Middle School  
Wednesdays Feb.10 thru April 7 from  
7:30-9:30pm (Thanks Ivan!!)

•Wheatland-Chili High School pool  
Tuesday evenings beginning at 7pm  
February 23 - April 13. (Thanks Doc!!)

FLOW members - \$3

Non-members - \$5

**Please clean your boat!!**

### Liability Insurance vs. Waiver

Decision to be made at the next steering committee meeting on March 4th (as discussed at last general meeting). If you are unable to attend and have input or suggestions (with details), call or email your suggestions to a steering committee member.

Keep your eyes open to a follow-up mailing - you will need to respond...

### ADK CHAPTER MEETING

**When:** March 10, 7:30 PM

**Where:** EISENHART AUDITORIUM  
Rochester Museum & Science Center

**What:** Canoe\Camp Adventure in  
Quetico Provincial Park Slide Show by  
Ken and Marion Klauck

Quetico Provincial Park is north of Minnesota and shares waterways with the Boundary Waters Canoe Area in Minnesota. The program includes maps, the permit process, quotas, Indian pictographs, and the big turtle story. Their adventure covers 12 days, 80 canoe miles, and 37 portages. The show includes title slides made from the computer screen.

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## Xcerpts from the Winter Diary of a Rochester Paddler

by Harry A. Marinakis

December 27, 1998

Dear Diary,

I worked the graveyard shift again last night. After returning home, I was preparing to go to sleep when the doorbell rang. To my surprise, it was the entire Swedish Women's Whitewater Kayaking Team. The girls wanted to treat me to breakfast in bed - pancakes & beer! We spent the morning lounging around and watching whitewater kayaking videos. Then the phone rang and I woke up. It was Jim Albano, calling on his cellular phone from Durand Beach.

"Surf's up," he said. "You gotta get down here, now." A strong wind was blowing out of the northeast, stirring up the biggest surf that he had seen all year.

At noon we launched into the super-chilled water in our rodeo boats. Getting through the surf and out into the primary break zone was murder. Never before had I paddled in such frigid water. Every time a wave crashed into my face, I gasped involuntarily from the chill and choked on a mouthful of Lake Ontario. The waves were so



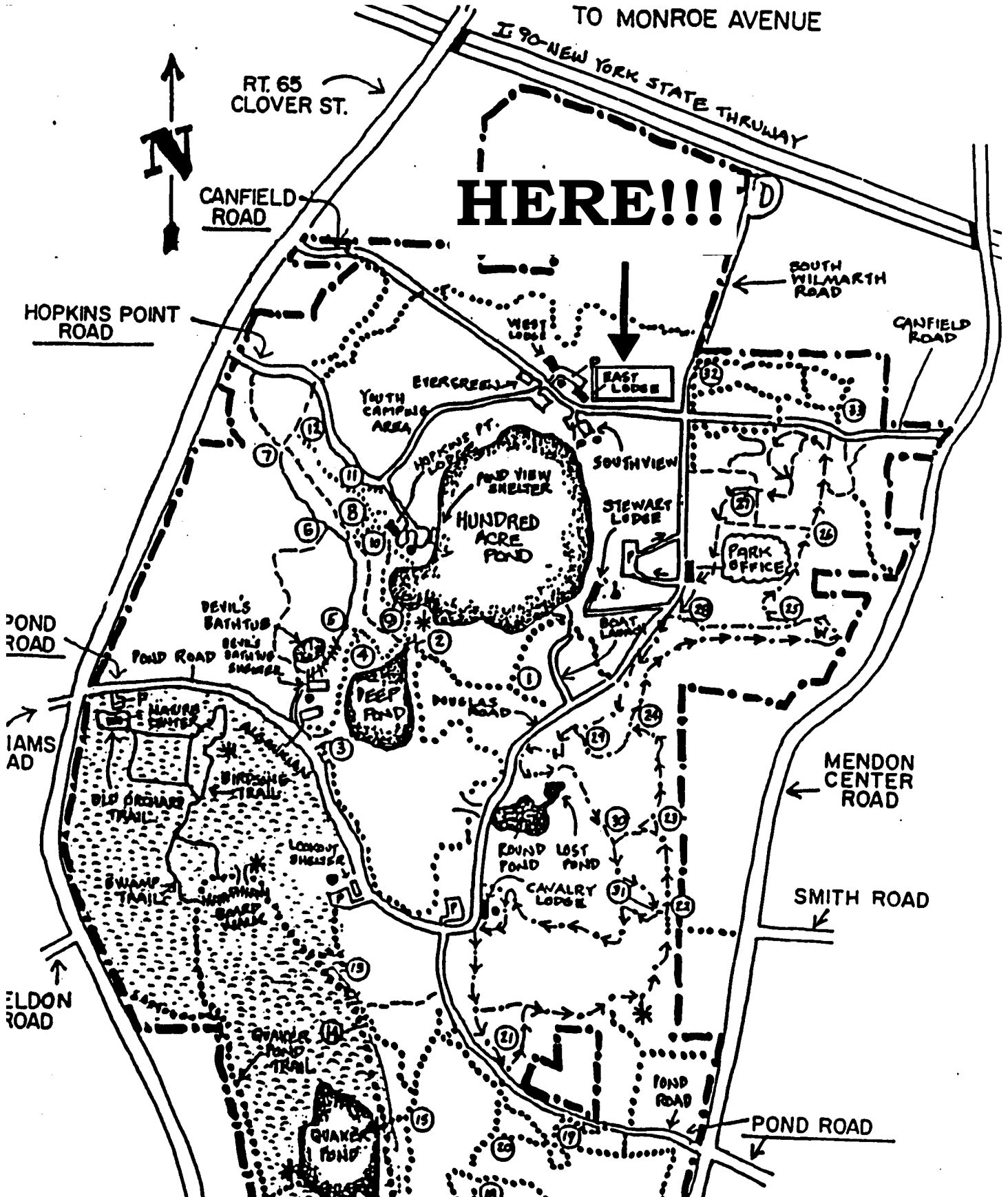
- Jim Albano paddling through the breakers of Lake Ontario  
Photo by Harry Marinakis

large that they completely engulfed us as we needed through. Beyond the break line we paddled through the humpers, searching for The Big Kahuna.

What a memorable afternoon! We surfed magnificent spilling waves, laughed uncontrollably, and ran back to the car heaters when our hands no longer functioned. Jim practiced cutbacks, lip turns, and blasting. I worked on bongo surfs and got some experience with window-shading and ice-cream headaches as well. Eventually the sky darkened as it began to snow, signaling the end to our frenzied surf session. Who would have thought that we could get such great surf kayaking in Rochester?

# Map of Mendon Ponds for the Swap Meet

## East Lodge



## Classified Ads

### FOR SALE:

I know that you really want a Mango (dk yellow) Perception **Super Sport** for the Low-Low Price of \$350! Dan Bogaard (716)442-6634

Yellow and White **Dagger Crossfire** (W/Bags) \$450 - also for sale paddle and sprayskirt. Margit Brazda W: (716)274-8440 H: (716)624-4888

Blue & White **Dagger Crossfire** \$450 - Purple **Perception Pirouette** \$450. Dave Meyer (716)937-9652

Rick Harrington is selling a Purple & White **Cruise Control** for \$325. (716)346-0772

Rick Williams is selling a Dagger **Vertigo** \$450 and a Dagger **Outburst** \$450. (716)381-3418

How would you like to own the best looking kayak on the river? Noreen Wiatrak is selling her **Dagger RPM**. Call for info at (716) 327-2279 (w) or (716) 288-5839 (h).

## April Newsletter

The next newsletter will be done by Guest Editors, Steve Kittelberger and Mike Shafer. (since Helen is going to be in California and Dan will be gett'n hitched.



## Deadline for next newsletter

The deadline for submissions for the next newsletter is Saturday, March 20th. Send submissions to **Steve Kittelberger or Mike Shafer** and trip announcements to Joel Chastek (see p. 2 for addresses).

**FLOW Paddlers' Club**  
264 Vollmer Pkwy  
Rochester, NY 14623

stamp

