



April general meeting: "Nunuvat Solo: Baker Lake to Chesterfield Inlet"

A slide show by Deborah Percival

Time: Thursday, April 9, 7 p.m.
Place: Brighton Town Hall, Elmwood.

In the summer of 1997, Deborah Percival took off six weeks and headed to the Arctic, alone, with a folding kayak. She introduces her trip in her own words:

"I flew into the Inuit hamlet of Baker Lake, a spot I had previously arrived at via canoe after paddling 500 miles down the Thelon River. My plan was to paddle from Baker Lake out to Hudson Bay. It was Mid-July, but I had to wait for the ice to go out of Baker Lake before I could begin my planned trip. So I spent an interesting two weeks paddling around and visiting with the Inuit and being fed dried caribou, raw caribou, seal, muskox, and beluga whale.

"Finally the ice went out and I began my trip. The next few weeks turned out to be some of the windiest summer weeks the area has seen. I paddled in high winds and waves, dealing with overfalls and 7 knot tidal currents. When the winds turned gale force, I was wind-bound for days at a time and developed various techniques for preventing my tent from being blown to shreds. I unwittingly participated in a seal hunt, and not in the best of roles: some hunters mistook me and my kayak for a seal.

"The last portion of my trip was through polar bear country, so I had along a shotgun and slugs. Although a nearby family of hunters was harassed by a polar bear who was attracted by their seal meat, I didn't even see any bears. Guess the bears didn't think much of my macaroni and cheese."

Come see the presentation of her journey, where, she says, "I'll show slides of my trip and try to explain why I'm addicted to Arctic paddling and why I enjoy paddling alone. I'd enjoy swapping ideas about sea-kayaking techniques, safety, camping and trip planning."

April steering committee meeting

Time: Thursday, April 2, 7 p.m.

Place: Mike Shafer's, 89 Dorstwood Dr., Rochester. For directions call Mike at 227-9291.

In this issue

General club information	2
Da Boyz O' Wlnter	3
Building a boat rack	4
Sea kayaking pool classes	5
Our friends return to Georgian Bay	6
Not to Intermediate sea kayakers	7
Logo contest winner	7
Classified ads	8

Last pool practice!

There might still be a chance: the last FLOW pool practice is at **Wheatland-Chili high school**, 7 p.m. to 9 p.m. on Tuesday, April 7. After that, we'll have to see you on the water instead (come on, the lake can't be *that* cold). Thanks to Mike Marini and all those who helped at the administrative end of pool practice this year.

May general meeting

Time: Thursday, May 14, 7 p.m.

Place: Brighton Town Hall, 2300

Elmwood Ave. FLOW member Dr. Ed McDonald will present a slide show entitled "A Tale of Two Rivers," describing canoe camping trips on 1996 and 1997 to the Ujuctok River in Labrador and the Waterfound River in Saskatchewan.

FLOW organization

Officers

President	Steve Kittelberger 716 442-6138
Vice President	Harry Weidman 315 524-9295
Secretary (Interim)	Dorothy Sullivan 716 359-4710
Treasurer	Mike Shafer 716 227-9291

Committee chairs

Facilities	Rick Williams 716 381-3418
Membership	Art Miller 716 334-5810
Programs and Trips	Noreen Wiatrak 716 288-5839
Communications	Heather Mummery Mike Marini 716 288-5232
Education/Instruction	Ardie Shaffer 716 334-4487

Newsletter submissions

Send us trip reports, articles, letters to the editor, ads for our classified section, or anything else you'd like to see in FLOWlines.

If you have e-mail:

Send articles in the form of a text file to:
heather.mummery@nortel.com

Written submissions:

Preferably typed in a 10-point font or larger, double-spaced.

Hand-written submissions must be reasonably legible, or great editorial license may be invoked.

Mail to:

Heather Mummery
221 McKinley St.
Rochester, NY 14609

Contacts

FLOW Paddlers Club(716) 442-6138
Seayaker Outfitters(315) 524-9295
Pack, Paddle, and Ski(716) 346-5597
Endless Adventures(315) 536-0522
Adirondack Mountain Club (ADK)	..(716) 223-5023
Ardie Shaffer(716) 334-4487
Oak Orchard Canoe1-800-4-KAYAKS
Letchworth Outfitters(716) 237-6180
.....e-mail:	letitout@wycol.com

FLOW HotLine: 716 234-3893

To access the FLOW HotLine:

1. Dial 716 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, **press the remote access code** any time **during the greeting**. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

The FLOW HotLine is sponsored by FLOW Paddlers Club for FLOW members. The FLOW HotLine is hosted by Bay Creek Paddling Center.

Membership and Mailing List

To join FLOW, send name, address, paddling interests, and \$20 per individual membership to:

Art Miller
Re: FLOW Paddlers Club
264 Vollmer Pkwy
Rochester, NY 14623

Upcoming trips/events

Contact Noreen Wiatrak (716 288-5839) with trips and events for 1998. Refer to the insert for the latest version of the trip list.

Gauge numbers

Genesee River (Letchworth)716-468-2303
Cattaraugus River716-532-5454
Salmon River1-900-726-4243 #365123
Keuka Outlet716-234-0090

Pennsylvania rivers:

Philadelphia (Lehigh and others)
.....	1-800-431-4721
Harrisburg (Loyalsock, Susquehanna, Pine Creek)	..
.....	1-800-362-0335

Pittsburgh (Yough, Slippery Rock Creek, and others)412-262-5290

West Virginia rivers:

Gauley River304-872-5809
Southern WV rivers304-529-5127

Da Boyz O' Winter Or Yunz Know Marty?!

By Roland "Flip" M. Off

(Author's Note: The following story should be read in your best Picksbergh accent. This will add flavor to the text, as it is tasteless an nat.)

Ah nose yunzer tinkin dis is an art tickle bout hockey, but it ain't. Back in da day when Le Muse an all got all the glory an nat, yens were glued to da couch bakin yer brains out in that forced-air heat of a T.V. den of a room flexin yer remote control finger, weeze were aout dere on de front line gettin called fer icing. An ah don't mean cakes.

Now ah might be mixin metaphors but it's better than mixin methamphetamine an any way yunz no ya cain't tell me nothin. So hang on to yer elfs cuz disin here story harks back to da daze of your when we had winter. Snow and ice. Like in Naganose, Japland. Before dis here el Nintendo, or whatever. Yunz know, last winter when ya were sprowled about across de couch watchin Le Moos cuz it was too cold ta boat.

Now yunz nose Marty. He's a nice kinda guy, works on the pipeline or sumtin, so he must be some kinda unionist. An ah don no bat chew, but ah always thought those unionists were like the three mouseketeers, all fur one and nat. Loyal n all. But ah digest.

Pitcher one day in January round da middle of the month, one of da two sunny dazes we had between the artic cold snap and grahnd dog day. It were a cold day in Hell and da Top Yough wuz runnin a mere 2.6 on the rectum scale when ah embarked on the Top Yough with the real boyz a winter, Mike Bailey, Jim Griffiths and Marty. Coincidentally, his last name shall be kept secret, so he can protect his elf. But yunz might know him.)

As weeze dressed weeze seen ole Boomer hobblin up the trail to climb on some ole icicle. He sez sumpin bout watchin ahout fer ice an so does we. Upon encounterin the stream weeze were faced right off with a ice jam even a Zamboni couldn't move an were forced to portage seal-like to Swaller Falls. So we embarked. Down Swaller Falls we went. Then Swaller Tail Falls, clear down to were Muddy crick shours down ta joins us. Here weeze caught an eddy, prezoomably ta catch our breathes, an what an eddy it was.

Every once in a while some ole kiyaker uses some scents. Doesn't happen often but when weeze were settin there in that eddy and that sun

was shinnin, dat ole damn ice jam broke an dis eddy got crowded quik-like cuz the whole happy hour supply of ice at Chauncey's is elbowin us an weeze lookin round spectin ta see the Titandnic any minute. Dis was a twenty minute cocktail party in witch we became olives in a very wet yet very dry shaken (not stirred) river wide martini, or were weeze just parasites in a gastro-intestinal slushy. It was a Berg thing if ya know what ah mean. At this point Jim decided that he could just as easy walk out than paddle through tire sized chunks of frozen ecoli. He said sumpin bout not loosin his brand new boat to an undercut ice bridge.

Soon the amount of ice decreases somewhat and da three of us continue. Down stream a incident occurred witch put a further chill on my day. But first weeze got through most of the big rapids. Den some where round an in knock you less wave or hole, I found mys elf upside down. An yes da cold wuz compounded, cubed yunz could say. Yer humble author swam after a few failed attempts at rolling an thinkin that ice was careening off my boat an head. Suddenly I was the walrus coo coo ah chew an Mike was urgin me ta shore. Downstream my partifareal vision had viewed a large ice shelf on the horizon. Problem wuz the shore wuz ice too so ah clawed and crawled upon it like the walrus I was. Sometimes being on top is better than being on the bottom. This was one of those times.

Alas, my paddle floated away towards oblivion. Mike and Marty retrieved my boat an ah hoofed it downstream. Any chill ah had wuz quickly warmed by my hike. Once ah got to the pump station where Marty and Mike were waitin fer me, I opted to hand paddle the remaining flatwater. Here we casually drifted and paddled toward the take out. I mentioned that ah might be paddlin that night cuz it was Martin's birthday an there was a party at Gib's. Mike axed me what I would be usin as a paddle. I tole him I had my ole Ann Fay stick in reserve, da one ah had Norse make into a breakdown by insertin a wooden dowel in the shaft. Problem is once this wooden dowel gets wet it swells an its a bugger to take apart, witch is why it ain't in my boat, ah added, having let some pour sole use it on a river last week.

Ah thinks it wuz when Marty heard the word breakdown that he gulped loud enough fer us to hear. He looked at me sheepishly an said: I feel bad. I feel real bad.

Between yunz an me, ah think he had a breakdown in his boat, but yunz know Marty, he probably jus felt bad bout my swim.

I herd recently that ever since that day he has considered carrying a breakdown. Next time ya see em, go ahead an ask em.

Building a boat rack

Directions and plans by Mike Marini

Boat storage is an on-going problem, at least with me. I seem to keep acquiring more and more boats. These are plans and instructions to build a sturdy but easily transportable boat rack. It can be modified for fewer boats, but I don't recommend more.

Materials :

4- 2"x6"x8"	construction grade pine	6- 3/8"	lag bolts
1- 2"x4"x8"	construction grade pine	24- 5"x 3/8"	carriage bolts with washers and nuts
8- 1"x3"x32"	oak		
1- 3/8"	oak dowel		

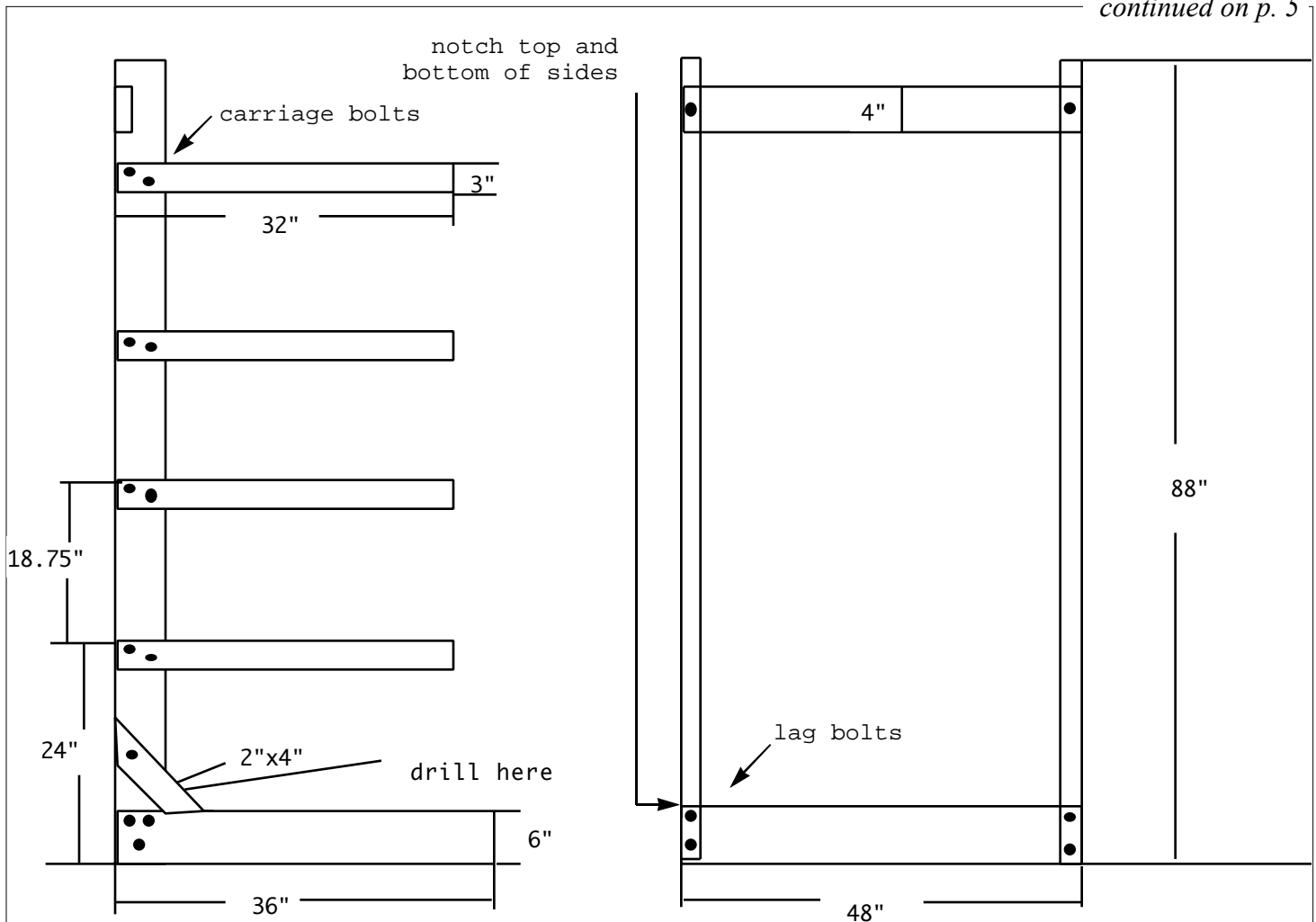
Tools:

Saw- hand or power	Tape measure	Adjustable wrench
Drill with 3/8" bit	Chisel	

Start by thinking where this rack is going to go, how many boats are going to be stored on it, and what the traffic flow around the area is like. This rack has been designed to handle kayaks. For open boats, the rack needs to be wider to accommodate the larger beam of the canoes. If you are going to modify these plans to accommodate an open boat, feel free just to make the base 1/3 of the height.

Once you are satisfied that it is going to be feasible it is necessary to decide how much money you

continued on p. 5



Building a boat rack – continued from p. 4

want to put into this and how fancy it is going to be. All the materials can be purchased at most any lumber yard, with the additional cost of having them cut the oak pieces down to size. Or, you can scavenge a used pallet or two and use the oak slats from it (though it is more work than you might think to break up a pallet and not destroy the wood).

Once the materials have been purchased, cut all the pieces to the dimensions shown in the plans.

Using whatever tools are necessary (saw, chisel, sand paper), round the edges and ends of the oak pieces down. Then notch the top and bottom of the sides to accept the cross pieces. Lay the sides on the ground and layout the positions of the cross and bottom pieces: they should all be perpendicular to the sides.

Temporarily clamp or nail these pieces in place and drill the 3/8" holes for the carriage bolts. Place the 2"x 4" brace and first drill the hole for the carriage bolt. Place a carriage bolt in the hole and tighten it down. Prop the assembly up and drill a 3/8" hole through the brace into the bottom piece as shown on the plans. This is for the dowel. Then place the cross pieces in place and drill the holes for the lag bolts. They should be a little smaller than the bolt diameter. At this point do a dry run: assemble everything to make sure that it all goes together correctly.

If the rack is going to be stained or painted, disassemble the rack, sand and paint, then reassemble.

Congratulations, you now have a boat rack!



6 North Main Street
Perry, NY 716•237•6180

“We Listen To Your Needs”

Dagger Perception Old Town Wilderness Systems	ACA WW Kayak Instruction	Werner Mt. Surf Thule Stohlquist
---	--------------------------	----------------------------------

Bay Creek Paddling Center

*Conveniently located on Empire Boulevard,
next to Irondequoit Creek and the Bay*

**Kids Paddle Sport
Kamp**

288-2830

Sea Kayaking Pool Classes

Offered through Palmyra-Macedon Central School Adult Ed., and taught by Harry Weidman.

All courses are limited to 6 students, with sea kayaks included in the price. All courses are 4 sessions long, starting at 7:00 p.m. with one hour in the classroom and 1.5 hours of warm pool time.

To enroll, contact Sara Weaver at the school's Continuing Education department by calling (315) 597-3401.

Basic Sea Kayak Touring - \$89

“Get to feel at ease in a sea kayak and experiment a bit both above and in the water. Covers safety, basic concepts, and techniques of coastal sea kayak touring, including boat control, bracing, and exit/re-entry.”

Two classes offered. Class 1: Monday and Wednesday evenings starting May 4. Class 2: Tuesday and Thursday evenings starting May 5.

Intermediate Sea Kayak Touring - \$89

“Deals with more open water situations, including self and group rescue techniques, Eskimo rolling, trip planning, coastal kayak camping, and basic navigation.”

Two classes offered. Class 1: Monday and Wednesday evenings starting May 18. Class 2: Tuesday and Thursday evenings starting May 26.

Also on the sea kayak calendar:

The Eighth Annual East Coast Canoe & Kayak Symposium, Charleston, SC, April 17-19.

“One of the biggest and warmest this time of year on the east coast. 60+ lectures/workshops, on-water demos, rolling classes, 40+ commercial exhibits.”

Contact (803) 795-4386 for information. Says Harry, “I’ve been there twice and I’m going again.”

Our Friends Return to Georgian Bay

by Steve Chopan

From July 27 to Aug 3, 1997, FLOW members Frank Cabron, Steve Chopan, Bill Lawton, Greg Mosher and Harry Weidman went sea kayaking in Georgian Bay. From Harry Weidman's original article:

"Our first destination was Aloma Island, seven miles out in the Mink Island Chain and home of Warren & Margaret Edgar, its sole occupants. We met the most gracious couple that live here for six months each year in their lovely setting. The other six months find them in Hong Kong where Margaret teaches English. Two red and white mini A-frames (three if you count the outhouse complete with a flush toilet and a terrific working view from the throne) and a small kitchen house are the only buildings on the red granite rock island. They invited us in for coffee and conversation and we ended up camping the night."

Steve Chopan brings us news from the Aloma Island inhabitants and honorary FLOW members.

Warren Edgar has e-mailed to inform us he is returning to Canada from Hong Kong the 13th of April. He will be preparing Aloma Island, where his camp is located in Georgian Bay (the Mink Island Chain), to receive visitors. Margaret Edgar, who is Warren's wife, is a professor at the University of Hong Kong in the English department and will return later in the summer.

Soon after his return, Warren hopes to get his solar panels set up. They charge the batteries that provide power for his water pump, flushable toilet, and give him limited electric power. These conveniences enable the Edgars to spend a comfortable six months on Aloma before returning to Hong Kong.

The Edgars for many years have been known to allow visitors, especially sea kayakers, to camp and visit with them. They are well known for their friendliness and hospitality. Several articles on the Web pertaining to sea kayaking in the Georgian Bay area mention them (Nick's Kayak Page: <http://www.mindport.net/~schade/kayak.html>).

In 1975, according to a letter received from Margaret, one of the most eventful nights Aloma has had occurred while Warren and his dog Happy were there:

"Warren was out on Aloma Island the night the Edmond Fitzgerald went to the bottom of Lake Superior. None of the 29 bodies were ever found. Warren has never lived through such a night in his life, November 10, 1975. Just about the moment the Fitzgerald went to the bottom, Warren said to his dog, Happy, "Be prepared to meet your maker, Happy, because this has got to be it," when all the trees were knocked down and the seawater was lapping at the door of the little kitchen (the same kitchen you sat in this past summer). But he lived through it, to his own surprise and his friends'. The people at Snug Harbour thought that he had gone.

Warren hereby quotes the first few lines from the Canadian singer and song writer, Gordon Lightfoot's, "The Wreck of the Edmond Fitzgerald":

"The legend lives on,
From the Chippawa down
Of the big lake they call 'Gitchee Gumee'
Superior is is said,
Never gives up her dead
When the gales of November come early"

Aloma Island in the Mink Island Chain has been a listening point in the North for Warren Edgar for more than 30 years. And like Signard Olson said in his book *Listening Point*, "All that is worth listening for is there."

A return trip is being planned for this summer to visit with the Edgars on Aloma Island and explore this voyageur route to the North of Long Ago. If interested, contact Steve Chopan at 544-4527 (ripp@frontiernet.net) or Frank Cabron at 248-2093 (fcabron@netacc.net).

Note to Intermediate Sea Kayakers

The response has been overwhelming for Lake Ontario sea kayak paddling by intermediate paddlers. To date we have 10 people very interested and 8 people wanting more information, and the inquiries keep coming. E-mail response has been especially interesting. To attend the May meeting or to get on the intermediate paddlers phone list, contact Steve Chopan at (716) 544-4527 (ripp@frontiernet.net) or Frank Cabron at (716) 248-2093 (fcabron@netacc.net).

A small group of paddlers have been milling over Lake Ontario maps for possible lake crossing. They will be discussed at the May meeting for intermediate sea kayakers. A number of requirements will have to be met for those wishing to participate in the crossing of Ontario.

On other shores, there will be a **CLASSIC BOAT SHOW** in Corn Hill on June 11 and 12. If you are interested and would like more details, contact Dan Miller at (716) 225-7764.

-Steve Chopan

Inscription observed on gravestone in Massachusetts:

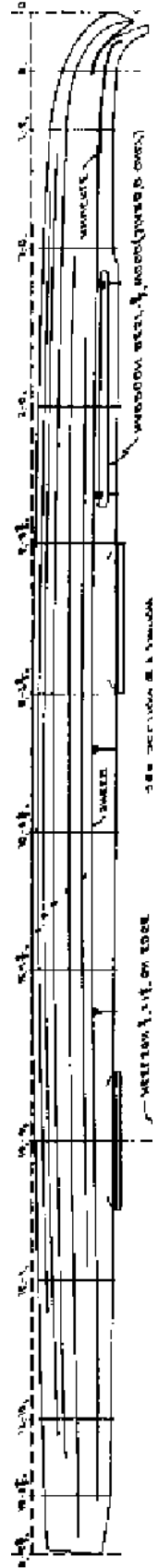
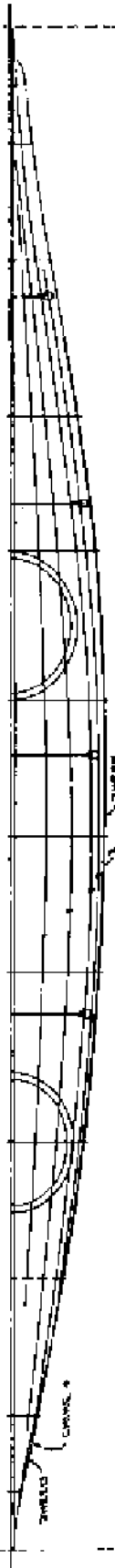
"I TOLD YOU I WAS SICK"

Logo contest comes to fruition - yields fruit (or at least a \$100 gift certificate)

Congratulations to
Rick Harrington
our Logo contest winner.

The steering committee voted on all entries at last month's meeting and decided on Rick's submission. Look for the logo, coming soon, on T-shirts, decals, local billboards . . .

Thanks to all other participants. We received some really wonderful entries, and appreciate your time and creative energy.



Necky "Welcome to the BIGGEST LITTLE Canoe Shop in The World" Our 22nd Year of Service

700 CANOES
300 KAYAKS
new • used • rental •

ACCESSORIES - RENTAL - DEMO BOAT SALES!

Wenatchee • Old Town • Perception • Slalom • Algonquin
Marathon • Current Design • Jackson • Mitchell • Am.
Tracker • Merrimack • Jackson • Oak Oubard • Waco Sports
Bear Creek • Easton • Inflates • Eaglecraft • Get. Can.
New Wave • N. • Sawyer • Spangol • Pagan • Ocean
Kayak • Pison • Kohout • Body Glove • Extra
• Thule • Tava • Mountain Surf • Gillespie

OAK ORCHARD
CANOE & KAYAK
Waterport Clearwater, Florida Pineland
682-1828 352-342-8814 352-3900

Classified ads

FOR SALE:

DAGGER VORTEX, EXCELLENT CONDITION. With float bags, back band, hip pads. James Lockwood. (716 786 2825).

THULE RACK, FULL SIZE WITH EXTENSION ARMS. Used on Honda Accord for 1 season. U bars for kayak carry. Locking towers. \$300 or reasonable offer. John Romano (716 346-6057).

TOURING PADDLE, like new, Werner SanJuan, 240 cm., \$150. Al Pietzold (716 388-1279)

OLDER COVERED C2 (fiberglass, end hole), \$75 or best offer. Ed McDonald (716 544 3467).

To submit advertisements contact Mike Marini at 288-5232. Please notify us if your ad is no longer needed.

Deadline for next newsletter

The deadline for submissions for the next newsletter is Monday, April 20, 1998. Submit articles, news of activities that may be of interest to FLOW members, or anything else that you want to share with our readers. Send submissions to Heather Mummery (address on page 2). Send trip announcements to Noreen Wiatrak (see p. 2).

Whitewater Kayak Instruction

GRAIP

EXPERIENCE

ACA Certified Instructors All Levels
Private and Group Lessons Custom Programs

GRAVITY RESEARCH INSTRUCTION PERFORMANCE

Rob Blake 716-734-3000
Rick Williams 716-381-3418

FLOW Paddlers Club
264 Vollmer Pkwy
Rochester, NY 14623

